



2019/20

Cumbria's Training Events for School Based Staff and Governors

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BEST

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Cumbria's Training Events for School Based Staff and Governors 2019/2020

Welcome to 'Cumbria's Training Events for School Based Staff' course brochure for the 2019/2020 academic year.

This brochure brings together a wide range of high quality, value-for-money full day/half day/twilight courses and conferences, designed to address key areas of school improvement, based on our best intelligence of current needs.

As always additional courses will undoubtedly be planned and added to our programme throughout the year in response to demand and emerging needs. These additional courses will be distributed to schools and settings via email and added to the Schools Portal.

An electronic version of the brochure and any subsequent additions will also be available on the Schools Portal and the Cumbria County Council Website –

http://www.cumbria.gov.uk/childrensservices/school sandlearning/lss/tradedservices/

An electronic brochure can also be downloaded on the SLA Online system; these brochures can be filtered by subject area for your convenience.

Some of the courses featured in this brochure can be offered as a bespoke training event or as part of an 'INSET day' for your school. Please contact the Apprenticeship and School Development Team who will be happy to arrange this for you.

Pricing

Each event detailed in this brochure has been scrutinised to ensure the proposed fee is as low as possible.

Following feedback from schools and partners, we have made the prices for each course the same for ALL delegates. This means that there are no additional charges to delegate places from academy and independent schools, please note that this does not include VAT where applicable.

Booking Arrangements

Places for all courses can be booked by registered users through our online system SLA Online – https://secure2.sla-online.co.uk/?logo=10.

Places are confirmed via the system once the delegate name has been added and the course checked out of the shopping basket. The Apprenticeship and School Development Team will also send out an email reminder one week before courses are due to take place.

When booking places on multiple courses, these can all be 'checked out' of your shopping basket at the same time, using the same purchase order number. There is no need to check each course out separately (unless you wish to use different order numbers).

We hope we have included sufficient information about each course within this brochure, but please do not hesitate to contact The Apprenticeship and School Development Team, if you require further information

Email: schooldevelopment@cumbria.gov.uk, or Telephone: 01228 226817

Commitments and Cancellations

Establishments will not be charged if cancellations of bookings are received more than five working days prior to the event. If cancellations are not made within five working days this will result in the full cost of the course being applied, this also applies in the case of non-attendance, which is identified from the attendance list. Any courses that are an exception to this, will detail the cancellation policy in the course details and confirmation/reminders.

If for any reason we have to cancel or postpone training, we will notify all delegates booked onto the course as quickly as possible; a full refund will be given in the event of cancellation by us.

Payment

Accepted bookings will be treated as a firm commitment. The following billing arrangements will then apply:

- By booking on to a course, Local Authority schools will have authorised a transfer of the full costs from their school budget
- 'Cheque book' schools and other clients will be invoiced
- Non-Cumbrian schools will need to send a cheque to cover payment in advance of the course to secure the booking. Please make all cheques payable to 'Cumbria County Council'.

All charges to Cumbrian schools will be made at the end of each term.

Evaluation

To ensure that our courses remain relevant, effective and of high quality, we encourage delegates to provide feedback. After training courses have taken place, delegates will be emailed a link which should be followed to input evaluation comments; this should be done within one week of the course date. Once the feedback has been submitted a certificate of attendance will be available to download. Delegates will not receive a certificate if they do not complete the feedback. If you have any other comments about any aspect of our training courses, or would like to see anything else included in our offer, please do not hesitate to contact the Apprenticeship and School Development Team:

Email: schooldevelopment@cumbria.gov.uk, or Telephone: 01228 226817.

We look forward to seeing you at our courses during the next year.

Yours Sincerely

M. Watson

Margaret Watson Apprenticeship and School Development Manager

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Whole School Issues				•			
Personal Education Plan (PEP) Training for Children	TS 310 A	16/09/2019	4.00pm - 5.30pm	Furness College, Channelside, Barrow-in-Furness, LA14 2PJ	Free	Yes	17
Looked After (CLA)	TS 310 B	17/09/2019	4.00pm - 5.30pm	Castle Park School, Sedbergh Drive, Kendal, LA9 6BJ	Free	Yes	17
	TS 310 C	18/09/2019	4.00pm - 5.30pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	Free	Yes	17
	TS 310 D	18/09/2019	4.00pm - 5.30pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	Free	Yes	17
One Day Youth Mental Health First Aid in Schools	TS 345 A	09/10/2019	9.00am - 4.30pm	Carlisle Archive Centre, Lady Gillford's House, Petteril Bank Road, Carlisle, CA1 3AJ	£ 100.00	No	18
	TS 345 B	19/11/2019	9.00am - 4.30pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 100.00	No	18
	TS 345 C	25/11/2019	9.00am - 4.30pm	Carlisle Archive Centre, Lady Gillford's House, Petteril Bank Road, Carlisle, CA1 3AJ	£ 100.00	No	18
	TS 345 D	03/12/2019	9.00am - 4.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 100.00	No	18
	TS 345 E	11/02/2020	9.00am - 4.30pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 100.00	No	18
	TS 345 F	13/05/2020	9.00am - 4.30pm	Cumbria House, 117 Botchergate, Carlisle, CA1 1RD	£ 100.00	No	18
Two Day Youth Mental Health First Aid	TS 346 A	Day 1: 30/09/2019	9.00am - 5.00pm	Carlisle Archive Centre, Lady Gillford's House,	£ 150.00	No	19
		Day 2: 07/10/2019		Petteril Bank Road, Carlisle, CA1 3AJ			
	TS 346 B	Day 1: 02/10/2019	9.00am - 5.00pm	Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate,	£ 150.00	No	19
		Day 2: 09/10/2019		Kendal, LA9 4BH			
	TS 346 C	Day 1: 03/10/2019	9.00am - 5.00pm	Chill Out Zone, St Gregory and St Patrick's Catholic Community School, Esk	£ 150.00	No	19
		Day 2: 10/10/2019		Avenue, Whitehaven, CA28 8AJ			
	TS 346 D	Day 1: 04/02/2020	9.00am - 5.00pm	Cumbria House, 117 Botchergate, Carlisle, CA1 1RD	£ 150.00	No	19
		Day 2: 05/02/2020					
	TS 346 E	Day 1: 04/03/2020	9.00am - 5.00pm	Barrow Fire Station, Phoenix Road, Barrow-in-Furness,	£ 150.00	No	19
		Day 2: 09/03/2020		LA14 2NS			

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Whole School Issues (co	ntinued)		1			1	
Two Day Youth Mental Health First Aid	TS 346 F	Day 1: 11/03/2020 Day 2:	9.00am - 5.00pm	Workington Fire Station, Moor Close Road, Workington, CA14 5BF	£ 150.00	No	19
		18/03/2020					
Dealing with Angry and Aggressive Parents Safely, Assertively and	TS 311 A	14/10/2019	9.30am – 4.00pm	Castle Street Centre, Castle Street, Kendal, LA9 7AD	£ 120.00	Yes	21
Positively	TS 311 B	11/11/2019	9.30am – 4.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 120.00	Yes	21
	TS 311 C	03/02/2020	9.30am – 4.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 120.00	Yes	21
	TS 311 D	02/03/2020	9.30am – 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	21
	TS 311 E	27/04/2020	9.30am – 4.00pm	Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road, Barrow- in-Furness, LA14 5UW	£ 120.00	Yes	21
	TS 311 F	11/05/2020	9.30am – 4.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 120.00	Yes	21
"I Just Wanted To Be A Teacher!" A Practical and	TS 312 A	Day 1: 15/10/2019	9.30am – 4.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 200.00	Yes	22
Common-Sense Introduction into		Day 2: 16/10/2019					
Management and Leadership	TS 312 B	Day 1: 12/11/2019	9.30am – 4.00pm	Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road,	£ 200.00	Yes	22
		Day 2: 13/11/2019		Barrow-in-Furness, LA14 5UW			
	TS 312 C	Day 1: 04/02/2020	9.30am – 4.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 200.00	Yes	22
		Day 2: 05/02/2020					
	TS 312 D	Day 1: 03/03/2020	9.30am – 4.00pm	Penrith Rugby Football Club, Winters Park,	£ 200.00	Yes	22
		Day 2: 04/03/2020		Penrith, CA11 8RQ			
	TS 312 E	Day 1: 28/04/2020	9.30am – 4.00pm	Quaker Tapestry Exhibition Centre, Friends Meeting	£ 200.00	Yes	22
		Day 2: 29/04/2020		House, Stramongate, Kendal, LA9 4BH			
	TS 312 F	Day 1: 12/05/2020	9.30am – 4.00pm	St Michael's Church, Falcon Place,	£ 200.00	Yes	22
		Day 2: 13/05/2020		Workington, CA14 2EZ			

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Whole School Issues (c	continued)					•	
Building Understanding of Terrorism and Extremism Through P4C Enquiry	TS 313	17/10/2019	9.00am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	No	24
How Attachment and Trauma Impact on	TS 314 A	11/02/2020	9.00am - 12.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	Free	Yes	25
Learning	TS 314 B	13/02/2020	9.00am - 12.00pm	Netherwood Hotel, Lindale Road, Grange-over-Sands, LA11 6ET	Free	Yes	25
Assessment							
Preparation for Statutory Teacher Assessment of Key	TS 315 A	08/10/2019	1.00pm - 4.00pm	Furness College, Channelside, Barrow- in-Furness, LA14 2PJ	£ 50.00	No	26
Stage 1 – For Teachers/Leaders who are NEW to	TS 315 B	09/10/2019	1.00pm - 4.00pm	Newton Rigg College, Penrith, CA11 0AH	£ 50.00	No	26
Teaching and Assessing Year 2	TS 315 C	10/10/2019	1.00pm - 4.00pm	Hunday Manor Country House Hotel, Winscales, Workington, CA14 4JF	£ 50.00	No	26
Preparation for Statutory Teacher Assessment of Key	TS 316 A	08/10/2019	1.00pm - 4.00pm	Furness College, Channelside, Barrow- in-Furness, LA14 2PJ	£ 50.00	No	27
Stage 2 – For Teachers/Leaders who are NEW to	TS 316 B	09/10/2019	1.00pm - 4.00pm	Newton Rigg College, Penrith, CA11 0AH	£ 50.00	No	27
Teaching and Assessing Year 6	TS 316 C	10/10/2019	1.00pm - 4.00pm	Hunday Manor Country House Hotel, Winscales, Workington, CA14 4JF	£ 50.00	No	27
English							
Marvellous Spelling	TS 317 A	12/03/2020	4.30pm - 6.00pm	North Lakes School, Huntley Avenue, Penrith, CA11 8NU	£ 30.00	Yes	28
	TS 317 B	19/03/2020	4.30pm - 6.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 30.00	Yes	28
	TS 317 C	26/03/2020	4.30pm - 6.00pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 30.00	Yes	28
Storytelling for a Digital Age: Tried and Tested Resources to Improve Literacy and Oracy Skills	TS 318	22/04/2020	1.00pm - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 50.00	No	29

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Science	1		l	•	•		•
Assessment: Making Progress In Primary Science (Formative/Summative/ Diagnostic Assessment and Progress Tracking)	TS 319	16/10/2019	9.15am - 3.15pm	Newton Rigg College, Penrith, CA11 0AH	£ 120.00	Yes	30
Working Scientifically at All Ages Ensuring Plenty of Practical Investigation in the Primary Years	TS 320	07/11/2019	9.15am - 3.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	31
From Forgotten to Outstanding – Is your Science Ofsted	TS 321 A	12/11/2019	9.00am - 4.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 120.00	Yes	32
Ready?	TS 321 B	14/11/2019	9.00am - 4.00pm	Frizington Community Primary School, Main Street, Frizington, CA26 3PF	£ 120.00	Yes	32
Upskilling the New Subject Leader	TS 322	20/01/2020	9.00am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	33
Primary Science Subject Leaders Annual CPD – 2020 Essential Science Updates for Science Leaders	TS 323	05/02/2020	9.15am - 3.15pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	34
Making the First 15 Minutes Count	TS 324 A	02/03/2020	9.00am - 4.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 120.00	Yes	35
	TS 324 B	03/03/2020	9.00am - 4.00pm	Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road, Barrow-in-Furness, LA14 5UW	£ 120.00	Yes	35
Widening the Curriculum	TS 325 A	27/04/2020	9.00am - 4.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 120.00	Yes	36
	TS 325 B	29/04/2020	9.00am - 4.00pm	Frizington Community Primary School, Main Street, Frizington, CA26 3PF	£ 120.00	Yes	36
Full STEAM Ahead Making Science Relevant to your Pupils and their Everyday Life Through Technology, Engineering, Art and Maths	TS 326	30/04/2020	9.15am - 3.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	37
Pioneers of Exploration and Invention	TS 327	08/06/2020	9.00am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	38

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
RE and SMSC							
Delivering SMSC Through Global Learning – Addressing the New Ofsted Framework	TS 328	19/11/2019	1.00pm - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 50.00	No	39
Exciting RE for Key Stage 1	TS 329 A	16/03/2020	9.00am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	No	40
Exploring RE, SMSC and British Values	TS 329 B	17/03/2020	9.00am - 4.00pm	Netherwood Hotel, Lindale Road, Grange-over-Sands, LA11 6ET	£ 120.00	No	40
Philosophy For Children (P4C) –	TS 330	Day 1: 18/03/2020	9.00am - 4.00pm	Netherwood Hotel, Lindale Road,	£ 200.00	Yes	41
Foundation Level 1		Day 2: 25/03/2020		Grange-over-Sands, LA11 6ET			
Cumbria SACRE RE Conference	TS 331	24/06/2020	9.00am - 4.00pm	Stoneybeck Inn, Bowscar, Penrith, CA11 8RP	£ 120.00	No	42
Modern Foreign Langu	ages						
Speaking Up: Building Confidence in Teaching Primary Languages	TS 332	18/03/2020	9.30am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	43
Global Learning							
Global Literacy: Supporting the Delivery of a Broad and Balanced Curriculum	TS 333	26/11/2019	4.30pm - 6.30pm	North Lakes School, Huntley Avenue, Penrith, CA11 8NU	£ 30.00	No	44
Global Maths: Supporting the Delivery of a Broad and Balanced Curriculum	TS 334	12/02/2020	4.30pm - 6.30pm	North Lakes School, Huntley Avenue, Penrith, CA11 8NU	£ 30.00	No	45
Global Learning Through Dance at Key Stage 2:	TS 335 A	09/03/2020	9.15am - 3.15pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 120.00	Yes	46
Bollywood and The Haka	TS 335 B	16/03/2020	9.15am - 3.15pm	Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH	£ 120.00	Yes	46
	TS 335 C	23/03/2020	9.15am - 3.15pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 120.00	Yes	46
Global Science: Supporting the Delivery of a Broad and Balanced Curriculum	TS 336	10/03/2020	4.30pm - 6.30pm	North Lakes School, Huntley Avenue, Penrith, CA11 8NU	£ 30.00	No	47

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Global Learning (contin	nued)						
Hidden Stories Shared Lives: Using Migrants Stories to Build our Schools as Communities of Welcome	TS 337	06/05/2020	4.30pm - 6.30pm	North Lakes School, Huntley Avenue, Penrith, CA11 8NU	£ 30.00	No	48
SEND and Inclusion							
Ensuring Effective Access and Inclusion For Deaf/Hearing Impaired Pupils	TS 338 A	09/10/2019	9.00am - 4.30pm	Barrow Fire Station, Phoenix Road, Barrow-in-Furness, LA14 2NS	Free	Yes	49
	TS 338 B	17/10/2019	9.00am - 4.30pm	Parkhouse Building, Baron Way, Kingmoor Business Park, Carlisle, CA6 4SJ	Free	Yes	49
Autism Awareness Level 1	TS 339 A	09/10/2019	9.30am - 4.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 120.00	Yes	50
	TS 339 B	09/10/2019	9.30am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	Yes	50
	TS 339 C	22/04/2020	9.30am - 4.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 120.00	Yes	50
	TS 339 D	22/04/2020	9.30am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	Yes	50
Autism Awareness Level 2	TS 340 A	06/11/2019	9.30am - 4.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 120.00	Yes	51
	TS 340 B	06/11/2019	9.30am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	Yes	51
	TS 340 C	10/06/2020	9.30am - 4.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 120.00	Yes	51
	TS 340 D	10/06/2020	9.30am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	Yes	51
DyslexiaCan I Do Anything to Help?	TS 341 A	04/12/2019	4.30pm - 6.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 30.00	Yes	52
	TS 341 B	09/12/2019	4.30pm - 6.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 30.00	Yes	52
	TS 341 C	11/12/2019	4.30pm - 6.00pm	St Thomas's C of E School, Kendal Green, Kendal, LA9 5PP	£ 30.00	Yes	52

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Mindfulness	1		•				
An Introduction to Mindfulness	TS 342 A	03/12/2019	4.30pm - 6.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 30.00	Yes	53
	TS 342 B	04/12/2019	4.30pm - 6.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 30.00	Yes	53
	TS 342 C	11/12/2019	4.30pm - 6.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 30.00	Yes	53
The Mindful Approach to Education	TS 343	19/03/2020	9.30am - 12.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	54
The Mindful School	TS 344	02/06/2020	9.30am - 4.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	55
First Aid							
Level 3 Award Paediatric First Aid	TS 347 A	Day 1: 08/10/2019	9.15am - 4.30pm	Botcherby Community Centre, Victoria Road,	£ 150.00	Yes	56
(RQF)		Day 2: 15/10/2019		Carlisle, CA1 2UE			
	TS 347 B	Day 1: 13/11/2019	9.15am - 4.30pm	St Michael's Church, Falcon Place,	£ 150.00	Yes	56
		Day 2: 20/11/2019		Workington, CA14 2EZ			
	TS 347 C	Day 1: 05/02/2020	9.15am - 4.30pm	Quaker Tapestry Exhibition Centre,	£ 150.00	Yes	56
		Day 2: 12/02/2020		Friends Meeting House, Stramongate, Kendal, LA9 4BH			
	TS 347 D	Day 1: 04/03/2020	9.15am - 4.30pm	Penrith Rugby Football Club, Winters Park,	£ 150.00	Yes	56
		Day 2: 11/03/2020		Penrith, CA11 8RQ			
	TS 347 E	Day 1: 10/06/2020	9.15am - 4.30pm	Whitehaven Golf Club, Red Lonning,	£ 150.00	Yes	56
		Day 2: 17/06/2020		Whitehaven, CA28 8UD			
	TS 347 F	Day 1: 02/07/2020	9.15am - 4.30pm	Barrow A.F.C, The Furness Building Society Stadium,	£ 150.00	Yes	56
		Day 2: 09/07/2020		Wilkie Road, Barrow-in-Furness, LA14 5UW			
Emergency First Aid in the Workplace	TS 348 A	21/11/2019	9.00am - 4.00pm	Morton Community Centre, Wigton Road, Carlisle, CA2 6JP	£ 120.00	Yes	58
	TS 348 B	27/11/2019	9.00am - 4.00pm	Chill Out Zone, St Gregory and St Patrick's Catholic Community School, Esk Avenue, Whitehaven, CA28 8AJ	£ 120.00	Yes	58

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
First Aid (continued)	•		1		1		
Emergency First Aid in the Workplace	TS 348 C	27/02/2020	9.00am - 4.00pm	Castle Street Centre, Castle Street, Kendal, LA9 7AD	£ 120.00	Yes	58
	TS 348 D	06/03/2020	9.00am - 4.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 120.00	Yes	58
	TS 348 E	07/05/2020	9.00am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 120.00	Yes	58
	TS 348 F	21/05/2020	9.00am - 4.00pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 120.00	Yes	58
Health and Safety							
IOSH Health and Safety Management for Schools	HS 30 A	Day 1: 06/11/2019	9.00am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 300.00	Yes	59
		Day 2: 13/11/2019					
	HS 30 B	Day 1: 03/03/2020	9.00am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 300.00	Yes	59
		Day 2: 10/03/2020					
	HS 30 C	Day 1: 17/06/2020	9.00am - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 300.00	Yes	59
		Day 2: 24/06/2020		Feminin, CATTORQ			
Fire Warden Training	TS 349 A	07/11/2019	9.30am - 12.30pm	Cumbria Local Enterprise Partnership (formerly known as CREA - Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT	£ 50.00	Yes	60
	TS 349 B	23/04/2020	9.30am - 12.30pm	Cumbria Local Enterprise Partnership (formerly known as CREA - Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT	£ 50.00	Yes	60
Fire Safety Awareness/Fire Extinguisher Course	TS 350 A	07/11/2019	1.00pm - 2.30pm	Cumbria Local Enterprise Partnership (formerly known as CREA - Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT	£ 5.00	Yes	61
	TS 350 B	23/04/2020	1.00pm - 2.30pm	Cumbria Local Enterprise Partnership (formerly known as CREA - Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT	£ 50.00	Yes	61

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Health and Safety (cont	tinued)			1			
Educational Visits Co-ordinator Training	HS 31 A	11/11/2019	9.30am - 3.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 150.00	No	62
	HS 31 B	18/11/2019	9.30am - 3.30pm	Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH	£ 150.00	No	62
	HS 31 C	09/12/2019	9.30am - 3.30pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 150.00	No	62
	HS 31 D	29/01/2020	9.30am - 3.30pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 150.00	No	62
	HS 31 E	18/03/2020	9.30am - 3.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 150.00	No	62
	HS 31 F	25/03/2020	9.30am - 3.30pm	Furness College, Channelside, Barrow- in-Furness, LA14 2PJ	£ 150.00	No	62
Educational Visits Co-ordinator Refresher Training	HS 32 A	12/11/2019	9.30am - 12.30pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 75.00	No	63
	HS 32 B	19/11/2019	9.30am - 12.30pm	Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH	£ 75.00	No	63
	HS 32 C	10/12/2019	9.30am - 12.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 75.00	No	63
	HS 32 D	30/01/2020	9.30am - 12.30pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 75.00	No	63
	HS 32 E	19/03/2020	9.30am - 12.30pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 75.00	No	63
	HS 32 F	26/03/2020	9.30am - 12.30pm	Furness College, Channelside, Barrow-in-Furness, LA14 2PJ	£ 75.00	No	63
Visit Leader Training	HS 33	19/05/2020	9.30am - 4.00pm	Grizedale Forest Park, Ambleside, LA22 0QJ	£ 150.00	Yes	64
Team Teach							
Team Teach Foundation Course	TT 10 A	11/10/2019	9.00am - 4.30pm	Morton Community Centre, Wigton Road, Carlisle,	£ 153.00	Yes	65
	TT 10 B	06/11/2019	9.00am - 4.30pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 153.00	Yes	65
	TT 10 C	13/11/2019	9.00am - 4.30pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 153.00	Yes	65

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Early Years	1	•	1		1	-	•
New To Early Years Foundation Stage	TS 351	15/10/2019	1.00pm - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 50.00	No	66
Effective use of Continuous Provision to Challenge the More Able	TS 352 A	05/11/2019	1.00pm - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 50.00	No	67
Able	TS 352 B	05/11/2019	1.00pm - 4.00pm	Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA	£ 50.00	No	67
Fun RE for the Foundation Stage	TS 353 A	25/11/2019	9.00am - 4.00pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	£ 120.00	No	68
Exploring EYFS, British Values SMSC and RE	TS 353 B	26/11/2019	9.00am - 4.00pm	Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA	£ 120.00	No	68
Moving Mathematics on in the Early Years	TS 354 A	11/02/2020	1.00pm - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 50.00	No	69
	TS 354 B	11/02/2020	1.00pm - 4.00pm	Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA	£ 50.00	No	69
A Day in Year 1 – Effective Transition from Early Years into	TS 355 A	21/04/2020	1.00pm - 4.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 50.00	No	70
Year 1	TS 355 B	21/04/2020	1.00pm - 4.00pm	Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA	£ 50.00	No	70
РНА	•	-	•		1	-	
PHA Area Headteachers'	PHA 25 A	02/10/2019	9.30am - 2.15pm	Castle Green Hotel, Kendal, LA9 6BH	Free	No	71
Meetings	PHA 25 B	03/10/2019	9.30am - 2.15pm	Stoneybeck Inn, Bowscar, Penrith, CA11 8RP	Free	No	71
	PHA 25 C	05/02/2020	9.30am - 2.15pm	Castle Green Hotel, Kendal, LA9 6BH	Free	No	71
	PHA 25 D	06/02/2020	9.30am - 2.15pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	Free	No	71
	PHA 25 E	17/06/2020	9.30am - 2.15pm	Castle Green Hotel, Kendal, LA9 6BH	Free	No	71
	PHA 25 F	18/06/2020	9.30am - 2.15pm	Greenhill Hotel, Red Dial, Wigton, CA7 8LS	Free	No	71
Leadership Conference – For Primary Deputy Heads, Assistant Heads, Senior Leaders and those who Deputise	PHA 26	11/10/2019	9.00am - 4.00pm	Castle Green Hotel, Kendal, LA9 6BH	£120.00	No	72
Leadership Matters Morality, Authenticity and Passion. A Map to Help You Navigate Your Leadership Journey – PHA/LA Primary Headteachers' Conference	PHA CONF 19	21/11/2019	9.00am - 3.30pm	The Low Wood Hotel Resort and Spa, Windermere, LA23 1LP	Various	No	73

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
PHA (continued)							
PHA Summer Learning Conference	PHA SLC 20	20/05/2020	9.30am - 3.00pm	Rheged Centre, Redhills, Penrith, CA11 0DQ	Free	No	74
Governors							
Early Help Training for Governors	GST TS 180 A	02/10/2019	6.00pm - 8.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 30.00	Yes	75
	GST TS 180 B	18/03/2020	6.00pm - 8.00pm	Montreal CE Primary School, Ennerdale Road, Cleator Moor, CA25 5LW	£ 30.00	Yes	75
	GST TS 180 C	22/04/2020	6.00pm - 8.00pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 30.00	Yes	75
The Role of the Clerk	GST 181 A	03/10/2019	9.30am - 1.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 40.00	Yes	76
	GST 181 B	10/10/2019	9.30am - 1.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 40.00	Yes	76
	GST 181 C	28/10/2019	9.30am - 1.00pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 40.00	Yes	76
	GST 181 D	11/03/2020	9.30am - 1.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 40.00	Yes	76
	GST 181 E	17/03/2020	9.30am - 1.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 40.00	Yes	76
	GST 181 F	24/03/2020	9.30am - 1.00pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 40.00	Yes	76
Governance – Roles and Responsibilities	GST 182 A	16/10/2019	9.30am - 3.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 45.00	Yes	77
	GST 182 B	12/11/2019	9.30am - 3.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 45.00	Yes	77
	GST 182 C	14/11/2019	9.30am - 3.00pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 45.00	Yes	77
	GST 182 D	30/04/2020	9.30am - 3.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 45.00	Yes	77
	GST 182 E	06/05/2020	9.30am - 3.00pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 45.00	Yes	77
	GST 182 F	19/05/2020	9.30am - 3.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 45.00	Yes	77

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Governors (continued)	1		1	1	•		-
Finance for Governors – Part 1	GST TS 183 A	29/10/2019	6.00pm - 7.30pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 30.00	No	78
	GST TS 183 B	31/10/2019	6.00pm - 7.30pm	Cumbria Sports Academy, Overend Road, Whitehaven, CA28 8SD	£ 30.00	No	78
	GST TS 183 C	06/11/2019	6.00pm - 7.30pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 30.00	No	78
Finance for Governors – Part 2 (Pupil Premium Grant,	GST TS 184 A	06/11/2019	6.00pm - 8.00pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 30.00	No	79
Primary PE & Sport funding)	GST TS 184 B	13/11/2019	6.00pm - 8.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 30.00	No	79
	GST TS 184 C	05/12/2019	6.00pm - 8.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 30.00	No	79
Delivering Excellence in SEND – The Governors' Role	GST TS 185 A	30/10/2019	6.00pm - 8.00pm	Furness College, Channelside, Barrow-in-Furness, LA14 2PJ	£ 30.00	No	80
	GST TS 185 B	07/11/2019	6.00pm - 8.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 30.00	No	80
	GST TS 185 C	14/11/2019	6.00pm - 8.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 30.00	No	80
	GST TS 185 D	28/11/2019	6.00pm - 8.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 30.00	No	80
	GST TS 185 E	05/12/2019	6.00pm - 8.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 30.00	No	80
	GST TS 185 F	12/12/2019	6.00pm - 8.00pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 30.00	No	80
Philosophy for Children (P4C) For Governors	GST TS 186 A	06/11/2019	6.00pm - 8.00pm	Furness College, Channelside, Barrow-in-Furness, LA14 2PJ	£ 30.00	Yes	81
	GST TS 186 B	12/11/2019	6.00pm - 8.00pm	Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE	£ 30.00	Yes	81
	GST TS 186 C	14/11/2019	6.00pm - 8.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 30.00	Yes	81

Course Title	Course Code	Course Date	Time	Venue	Price	Bespoke Training Option	Page No
Governors (continued)							
Governance – Developing Leadership	GST 187 A	28/01/2020	6.00pm - 8.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 30.00	Yes	82
	GST 187 B	03/02/2020	6.00pm - 8.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 30.00	Yes	82
	GST 187 C	13/02/2020	6.00pm - 8.00pm	Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA	£ 30.00	Yes	82
	GST 187 D	09/06/2020	6.00pm - 8.00pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 30.00	Yes	82
	GST 187 E	18/06/2020	6.00pm - 8.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 30.00	Yes	82
	GST 187 F	24/06/2020	6.00pm - 8.00pm	St Michael's Church, Falcon Place, Workington, CA14 2EZ	£ 30.00	Yes	82
Headteacher Appraisal	GST 188 A	12/02/2020	6.00pm - 8.00pm	Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD	£ 30.00	Yes	83
	GST 188 B	05/03/2020	6.00pm - 8.00pm	Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH	£ 30.00	Yes	83
	GST 188 C	19/03/2020	6.00pm - 8.00pm	The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW	£ 30.00	Yes	83
Do we need Religious Education now more than ever?	GST TS 189 A	04/03/2020	6.00pm - 8.00pm	Furness College, Channelside, Barrow-in-Furness, LA14 2PJ	£ 30.00	Yes	84
	GST TS 189 B	10/03/2020	6.00pm - 8.00pm	Chill Out Zone. St Gregory and St Patrick's Catholic Community School, Esk Avenue, Whitehaven, CA28 8AJ	£ 30.00	Yes	84
	GST TS 189 C	11/03/2020	6.00pm - 8.00pm	Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ	£ 30.00	Yes	84
In School Only Training	I						
Education Guru's Science Support Programme for Primary Schools	TS TLR 18 06	Arranged on demand				Yes	85
Education Guru's Wellbeing and Mindfulness for Primary Schools	TS TLR 18 05	Arranged on demand				Yes	86

Personal Education Plan (PEP) Training for Children Looked After (CLA)

Course Outline:

All Children Looked After (aged 0 – 18) must have a PEP which is an integral part of their care plan. The PEP is an evolving record of what needs to happen for the child/young person to make at least expected progress and fulfil their potential. The training will enable you to produce high quality and effective PEPs. It will provide information on Pupil Premium Plus and how the funding is allocated based on the needs identified in the PEP.

Target Audience:

Designated Teachers for Children Looked After School Staff who are involved with PEPs Post 16 Providers Governors Foster Carers Social Workers and Personal Advisers in the CLA Teams Social Workers in the SAP Teams

Course Provider:

Colleagues from the Children Looked After Team - Cumbria County Council

Outcomes:

- To have a clear understanding of the PEP process and the roles and responsibilities within the process
- To be able to contribute to a high quality and effective PEP
- To have an understanding of how Pupil Premium Plus is allocated depending on needs identified in the PEP
- To have a clear understanding of the review process and the timescale requirements
- To have clarity regarding your role in supporting the child/young person and their educational progress

Dates and Time:

Course A: Monday 16 September 2019 Course B: Tuesday 17 September 2019 Course C: Wednesday 18 September 2019 Course D: Wednesday 18 September 2019

All sessions will run from 4.00pm - 5.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ Course B: Castle Park School, Sedbergh Drive, Kendal, LA9 6BJ Course C: St Michael's Church, Falcon Place, Workington, CA14 2EZ Course D: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE

Course Fee:

All Schools: Free

Course Code: TS 310 (A – D)

Bespoke Training Option

One Day Youth Mental Health First Aid in Schools

Course Outline:

The one day youth mental health first aid (YMHFA) course covers the key issues impacting on young people's mental health today such as social media, peer pressure, bullying and family units breaking down. Mental health issues discussed on the course include depression, suicide, anxiety, self-harm, eating disorders, and psychosis. The course finishes with a focus on recovery and resilience, including staff wellbeing.

Course manuals and workbooks are included.

Target Audience:

The YMHFA one day course was developed in response to feedback from schools that it was difficult to find time within busy school timetables for staff to complete the original YMHFA two day course. The course has been tailored for school staff but is also suitable to all those working with children and young people and their families/carers.

The YMHFA one day course qualifies you as a YMHFA Champion.

Course Provider:

Cumbria's Multi-agency YMHFA England Trainer Network The network is comprised of local trainers from a variety of backgrounds across mental health, and related professions. All members are approved and registered as Mental Health First Aid instructors with MHFA England

Outcomes:

- To gain an understanding of common mental health issues and how they can affect young people
- To have the ability to spot signs of mental ill health in young people and guide them to a place of support
- To improve knowledge and confidence to advocate for mental health awareness
- To develop skills to support positive wellbeing

Dates and Time:

Course A: Wednesday 9 October 2019 Course B: Tuesday 19 November 2019 Course C: Monday 25 November 2019 Course D: Tuesday 3 December 2019 Course E: Tuesday 11 February 2020 Course F: Wednesday 13 May 2020

All sessions will run from 9.00am - 4.30pm

Refreshments:

Please note that refreshments will be provided at this course, however, to ensure that this course can be offered at the lowest possible cost, it is requested that delegates bring their own lunch

Venue:

Course A: Carlisle Archive Centre, Lady Gillford's House, Petteril Bank Road, Carlisle, CA1 3AJ Course B: St Michael's Church, Falcon Place, Workington, CA14 2EZ Course C: Carlisle Archive Centre, Lady Gillford's House, Petteril Bank Road, Carlisle, CA1 3AJ Course D: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ Course E: St Michael's Church, Falcon Place, Workington, CA14 2EZ Course F: Cumbria House, 117 Botchergate, Carlisle, CA1 1RD Course Fee:

All Schools: £100.00

Course Code: TS 345 (A – F)

Two Day Youth Mental Health First Aid

Course Outline:

The two day youth mental health first aid (YMHFA) course content covers the background to children and young people's mental health and from a first aid context looks in further detail at anxiety and depression, self-harm and suicide, psychosis, eating disorders and recovery over two days. It includes an emphasis on the importance of looking after our own mental health and staff wellbeing.

Course manuals and workbooks are provided.

Participants are required to attend both days in full to receive their MHFA England Certificate.

Target Audience:

This two day course is appropriate for all those working directly with or caring for, children and young people, (from the ages of 8 - 18).

It is recommended for those working in primary and secondary education in leadership or pastoral care/pupil support roles, along with those working in college and further education settings.

The two day YMHFA course qualifies you as a Youth Mental Health First Aider.

Course Provider:

Cumbria's Multi-agency YMHFA England Trainer Network The network is comprised of local trainers from a variety of backgrounds across mental health, and related professions. All members are approved and registered as Mental Health First Aid instructors with MHFA England

Outcomes:

- To gain an in-depth understanding of young people's mental health and factors that affect wellbeing •
- To learn practical skills to spot the triggers and signs of mental health issues
- To build confidence to reassure and support a young person in distress •
- To enhance interpersonal skills such as non-judgemental listening •
- To develop knowledge to help a young person recover their health by guiding them to further support •
- To support a young person with a long term mental health issue or disability to thrive •
- To provide tools to look after your own mental wellbeing •

Dates and Time:

Course A: Day 1: Monday 30 September 2019 Day 2: Monday 7 October 2019

Course B: Day 1: Wednesday 2 October 2019 Day 2: Wednesday 9 October 2019

Course C: Day 1: Thursday 3 October 2019 Day 2: Thursday 10 October 2019

Course D: Day 1: Tuesday 4 February 2020 Day 2: Wednesday 5 February 2020

Course E:

Day 1: Wednesday 4 March 2020 Day 2: Monday 9 March 2020

Course F: Day 1: Wednesday 11 March 2020 Day 2: Wednesday 18 March 2020

All sessions will run from 9.00am - 5.00pm

Refreshments:

Please note that refreshments will be provided at this course, however, to ensure that this course can be offered at the lowest possible cost, it is requested that delegates bring their own lunch

Venue:

Course A: Carlisle Archive Centre, Lady Gillford's House, Petteril Bank Road, Carlisle, CA1 3AJ
 Course B: Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH
 Course C: Chill Out Zone, St Gregory and St Patrick's Catholic Community School, Esk Avenue, Whitehaven, CA28 8AJ
 Course D: Cumbria House, 117 Botchergate, Carlisle, CA1 1RD
 Course E: Barrow Fire Station, Phoenix Road, Barrow-in-Furness, LA14 2NS
 Course Fee:
 All Schools: £150.00
 Course Code:
 TS 346 (A – F)

Dealing With Angry And Aggressive Parents Safely, Assertively And Positively

Course Outline:

Have you ever been threatened or intimidated by angry, irate and aggressive parents? Have you ever come away from an encounter feeling angry, upset and feeling that they have got the better of you by shouting, not listening or even sometimes, bullying behaviour? If the answer to any of these questions is 'yes' then this course may well be useful to you. Whilst not a panacea (nothing is!) the skills and techniques learned will assist you in de-escalating the situation and hopefully provide a more satisfactory outcome for both parties.

Target Audience:

All teachers, NTAs, support staff and management irrespective of the size of the school or age of the pupils (primary and secondary).

In simple terms, a good course for anyone who encounters challenging or awkward parents!

Course Provider:

Guy Pocock BSc - Lakes Training Solutions Ltd

Outcomes:

- To consider personal safety when dealing with threatening and potentially aggressive encounters
- To list the benefits of applying a conflict management model to threatening situations
- To evaluate the effectiveness of assertive behaviour in threatening situations
- To be able to appreciate the use of transactional analysis and apply conversation management
- To communicate more effectively in challenging situations
- To apply the theory to delegate's own personal experiences and evaluate its effectiveness

Dates and Time:

Course A: Monday 14 October 2019

Course B: Monday 11 November 2019

Course C: Monday 3 February 2020

Course D: Monday 2 March 2020

Course E: Monday 27 April 2020

Course F: Monday 11 May 2020

All sessions will run from 9.30am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Castle Street Centre, Castle Street, Kendal, LA9 7AD Course B: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE Course C: Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD Course D: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ Course E: Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road, Barrow-in-Furness, LA14 5UW Course F: St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course Fee:

All Schools: £120.00

Course Code: TS 311 (A – F)

Bespoke Training Option

"I Just Wanted To Be A Teacher!"

A Practical and Common-Sense Introduction into Management and Leadership

Course Outline:

"I just wanted to be a teacher!" We've possibly all said (or shouted!) this at some time during our careers, particularly when things get tough and difficult. However, due to our abilities and potential we are offered promotion into a management/leadership position and must then start dealing with a whole raft of issues many of which seem a million miles away from teaching! So to help you, this 2-day course is designed for those who find themselves promoted into a position where you are required to manage and lead staff. Whether newly appointed or experienced in leadership this highly popular course mixes theory with practical advice and provides delegates with the skills and confidence to lead effectively.

Target Audience:

Those either already in or recently promoted/appointed into, a management/leadership or supervisory position. Ideal for both teaching and non-teaching staff.

Course Provider:

Guy Pocock BSc - Lakes Training Solutions Ltd

Outcomes:

- To identify your own areas of (leadership) strengths and development
- To communicate effectively and assertively as a manager/leader
- To set SMART objectives and give developmental feedback
- To understand team dynamics and individual's roles within teams
- To delegate effectively
- To deal effectively with conflict within the workplace

Dates and Time:

Course A: Day 1: Tuesday 15 October 2019 Day 2: Wednesday 16 October 2019

Course B:

Day 1: Tuesday 12 November 2019 Day 2: Wednesday 13 November 2019

Course C:

Day 1: Tuesday 4 February 2020 **Day 2:** Wednesday 5 February 2020

Course D:

Day 1: Tuesday 3 March 2020 Day 2: Wednesday 4 March 2020

Course E:

Day 1: Tuesday 28 April 2020 Day 2: Wednesday 29 April 2020

Course F:

Day 1: Tuesday 12 May 2020 Day 2: Wednesday 13 May 2020

All sessions will run from 9.30am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Cumbria County Council | Cumbria's training events for school based staff and governors

Venue:

Course A: Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD

- Course B: Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road, Barrow-in-Furness, LA14 5UW
- Course C: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE
- Course D: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ
- Course E: Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH
- Course F: St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course Fee:

All Schools: £200.00

Course Code:

TS 312 (A - F)

Bespoke Training Option

Building Understanding of Terrorism and Extremism Through Philosophy for Children Enquiry

Course Outline:

Schools have a duty to safeguard children and to help them develop critical thinking in relation to extremism and terrorism. This is hard to do: these are controversial topics, and discussions need to be well managed. Philosophy for Children (P4C) is a globally established programme which encourages young people to explore challenging issues. P4C provides a safe space where students can air, examine and challenge views. The P4C approach combines with a new set of teaching and learning resources for 9 - 13 year olds. The resource was developed by senior P4C trainers in response to the terrorist attacks in Manchester, Yorkshire and London in 2016/7. It was piloted in 2018 by 45 primary and secondary schools in Cumbria, Manchester, Sheffield and London. Teachers and students both strongly endorsed the programme. All teachers who attend the course will gain password protected access to the online resources.

Target Audience:

Headteachers Senior Leaders Upper KS2 Primary Teachers KS3 Secondary Teachers

Experience of or prior P4C training is preferred

Course Provider:

Jane Yates – Advanced P4C trainer (SAPERE registered) Cumbria Development Education Centre

Outcomes:

- To introduce the four main themes and lesson plans of the teaching and learning pack (exploring identity; understanding terrorism; responding to terrorism and developing shared values; government and democracy)
- To develop teacher confidence in discussing issues regarding extremism and terrorism
- To demonstrate philosophical enquiry with controversial topics in practice

Date and Time:

Thursday 17 October 2019, 9.00am – 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Greenhill Hotel, Red Dial, Wigton, CA7 8LS

Course Fee: All Schools: £120.00

Course Code: TS 313

How Attachment and Trauma Impact on Learning

Course Outline:

The behaviour of children who survive traumatic experiences such as loss, trauma, abuse and neglect can easily be misunderstood. Their behaviour is communication and this training will enable you to understand their behaviour from an attachment perspective. The training provides strategies and practical tools to promote inclusion and to positively affect learning outcomes.

Target Audience: Nursery Staff Teachers from Primary and Secondary Schools Support Staff from Primary and Secondary Schools HLTAs from Primary and Secondary Schools Designated Teachers for Children Looked After and Previously Looked After Children Designated Governors for Children Looked After and Previously Looked After Children Course Provider: Colleagues from the Children Looked After Team – Cumbria County Council

Outcomes:

- To raise awareness and understanding of attachment and the different attachment styles and how they impact on learning and behaviour
- To raise awareness and understanding of trauma and stress and how they impact on the brain and body and therefore learning and behaviour
- To raise awareness and understanding of how the brain develops and how the brain can be altered which improves learning and behaviour
- To raise awareness and understanding of what a child needs in order to make good choices, carry out tasks, feel loved and supported
- To explore practical strategies to use throughout the school day

Dates and Time:

Course A: Tuesday 11 February 2020 **Course B:** Thursday 13 February 2020

Both sessions will run from 9.00am - 12.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Greenhill Hotel, Red Dial, Wigton, CA7 8LS Course B: Netherwood Hotel, Lindale Road, Grange-over-Sands, LA11 6ET

Course Fee: All Schools: Free

The Virtual School will contribute £100 towards teaching supply and transport costs for teachers from Cumbrian schools, academies and nurseries

Course Code:

TS 314 (A – B)

Bespoke Training Option

Preparation for Statutory Teacher Assessment of Key Stage 1 –

For Teachers/Leaders who are NEW to Teaching and Assessing Year 2

Course Outline:

This course aims to prepare new teachers/new leaders for the final teacher assessments at the end of Key Stage 1.

It provides an opportunity to jointly assess and moderate pupils' work; exploring with Specialist Leaders/Experienced Moderators, strategies for moving pupils on. The presenters will use Standards and Testing Agency (STA) materials (which were used to train LA moderators), and the exemplification materials to further clarify the requirements for 'working towards, expected and the greater depth' standards for the writing element.

Delegates are also invited to bring a piece of pupil's writing; table discussion will explore how it meets the 'Pupil Can' statements and discuss the next steps in the pupil's learning.

Target Audience:

New Teachers of Year 2 New Writing Subject Leaders of Key Stage 1

Course Provider: Specialist Leaders of Education Experienced Moderators

Outcomes:

- To further develop the skills of accurate assessment using the Teacher Assessment Frameworks and STA writing exemplification materials
- To consider the moderator training materials to clarify the 'grey areas' within the 'Pupil Can' statements
- To use feedback to consider the next requirements for teaching and learning

Dates and Time:

Course A: Tuesday 8 October 2019 Course B: Wednesday 9 October 2019 Course C: Thursday 10 October 2019

All sessions will run from 1.00pm – 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Furness College, Channelside, Barrow-in-Furness, LA13 9LE **Course B:** Newton Rigg College, Penrith, CA11 0AH **Course C:** Hunday Manor Country House Hotel, Winscales, Workington, CA14 4JF

Course Fee:

All Schools: £50.00

Course Code:

TS 315 (A – C)

Preparation for Statutory Teacher Assessment of Key Stage 2 –

For Teachers/Leaders who are NEW to Teaching and Assessing Year 6

Course Outline:

This course aims to prepare teachers for the final teacher assessments at the end of Key Stage 2. It provides an opportunity to jointly assess and moderate pupils' work; exploring with Specialist Leaders/Experienced Moderators, strategies for moving pupils on. The presenters will use Standards and Testing Agency (STA) materials (which were used to train LA moderators), and the exemplification materials to further clarify the requirements for 'working towards, expected and the greater depth' standards for the writing element.

Delegates are also invited to bring a piece of pupil's writing; table discussion will explore how it meets the 'Pupil Can' statements and discuss the next steps in the pupil's learning.

Target Audience:

New Teachers of Year 6 New Writing Subject Leaders of Key Stage 2

Course Provider:

Specialist Leaders of Education Experienced Moderators

Outcomes:

- To further develop the skills of accurate assessment using the Teacher Assessment Frameworks and STA writing exemplification materials
- To consider the training materials for moderators to clarify the 'grey areas' within the 'Pupil Can' statements
- To use feedback to consider the next requirements for teaching and learning

Dates and Time:

Course A: Tuesday 8 October 2019 Course B: Wednesday 9 October 2019 Course C: Thursday 10 October 2019

All sessions will run from 1.00pm - 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ **Course B:** Newton Rigg College, Penrith, CA11 0AH **Course C:** Hunday Manor Country House Hotel, Winscales, Workington, CA14 4JF

Course Fee: All Schools: £50.00

Course Code: TS 316 (A - C)

TS 316 (A – C)

Marvellous Spelling

Course Outline:

To enable teaching and support staff to master the techniques involved in this visual strategy for spelling.

Target Audience:

Teachers in Primary and Secondary Schools Teaching Assistants in Primary and Secondary Schools Governors of Primary and Secondary Schools

Course Provider:

Jenny Morgan – Independent Consultant

Outcomes:

- To show how to set an atmosphere for successful learning..."a good feeling" for learning
- To demonstrate how to store and fix words into the visual memory
- To reinforce the strategy in writing
- To equip all staff to teach spelling successfully in this way

Dates and Time:

Course A: Thursday 12 March 2020 Course B: Thursday 19 March 2020 Course C: Thursday 26 March 2020

All sessions will run from 4.30pm - 6.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: North Lakes School, Huntley Avenue, Penrith, CA11 8NU **Course B:** Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD **Course C:** Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course Fee: All Schools: £30.00

Course Code: TS 317 (A – C)

Bespoke Training Option:

Storytelling for a Digital Age: Tried and Tested Resources to Improve Literacy and Oracy Skills

Course Outline:

This course brings tried and tested the learning and resources from the Sankofa storytelling project – a project that has combined traditional storytelling techniques with digital technologies.

The course leader will take teachers through stories from different cultures to understand similarities and differences, then introduce the learning guide and toolkit of resources to help practitioners to plan classroom sessions, to enable pupils to find new stories that will contribute to a sustainable future in our interconnected world. The themes the course will explore through the storytelling process will include migration, gender, biodiversity, climate change and will be linked to the sustainable development goals.

The project will develop teachers' skills to prepare children for thinking critically about local to global themes and will provide all participants with the opportunities to develop language skills, digital and global competencies. It will enrich English primary curriculum particularly through speaking, listening and drama opportunities; PSHE in building self-confidence, creativity and presentation skills and in IT skills.

Target Audience:

Teachers at Key Stages 2 and 3 including: English, Drama and PSHE Subject Leaders NQTs RQTs

Course Provider:

Cumbria Development Education Centre

Outcomes:

• To understand storytelling as an art and skill that can be explicitly taught to empower pupils, capturing their creativity and developing a range of core life skills

Date and Time:

Wednesday 22 April 2020, 1.00pm - 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee:

All Schools: £50.00

Course Code: TS 318

Assessment: Making Progress in Primary Science

(Formative/Summative/Diagnostic Assessment and Progress Tracking)

Course Outline:

This full day course examines how to ensure assessment judgements are accurate, what evidence to use in making these judgements and how to record progress.

During the day we will identify best practice, dispel common myths and examine the uses of a host of ideas, activities and materials to help make judgements about attainment in primary science.

Target Audience:

Primary Science Subject Leaders Classroom Practitioners Assessment Leaders Senior Management

Course Provider:

Debbie Eccles – Primarily Science

Outcomes:

- · To be confident that judgements on attainment and progress are accurate
- To ensure assessment is integrated into good teaching strategies
- To gain understanding of assessment techniques

Date and Time:

Wednesday 16 October 2019, 9.15am - 3.15pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Newton Rigg College, Penrith, CA11 0AH

Course Fee:

All Schools: £120.00

Course Code:

TS 319

Bespoke Training Option

Working Scientifically at All Ages

Ensuring Plenty of Practical Investigation in the Primary Years

Course Outline:

Understanding the nature, processes and methods of science through the biology, chemistry and physics element is a key part of the science curriculum.

This course examines how to ensure progress in the essential skills required for each key stage by placing the working scientifically element at the heart of the science curriculum. A hands-on, practical course that is full of inspiring ideas for all types of enquiry.

Target Audience:

Primary Science Subject Leaders Primary Classroom Practitioners Primary Teaching Assistants

Course Provider:

Eleanor Atkinson – Primarily Science

Outcomes:

- To understand the different types of 'working scientifically' in the primary curriculum
- To ensure progress in working scientifically for all children
- To experience different types of enquiry in biology, chemistry and physics elements of the primary curriculum

Date and Time:

Thursday 7 November 2019, 9.15am – 3.30pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee:

All Schools: £120.00

Course Code:

TS 320

Bespoke Training Option

From Forgotten to Outstanding – Is your Science Ofsted Ready?

Course Outline:

This course will lead you by the hand from policy to implementation in the classroom, to make sure science is as outstanding as it can be. During the day we will look at what the science leaders need to know to lead science successfully and explore strategies to share back in school, to create excellent teaching and learning in the primary classroom and beyond. Participants will leave the session with digital resources to support the day.

Target Audience:

Primary Headteachers Primary Assistant Headteachers Primary Science Subject Leaders Assessment Leads Class Teachers

Course Provider:

Hester Binge – Education Guru

Outcomes: You will be able

- To set up processes for managing, monitoring, and assessing science learning across the school in line with Ofsted criteria
- To create a vision for science improvement in your school and lead its development with confidence
- To discover what it means for learning to be outstanding in science according to Ofsted and how close you are to achieving it in your school
- To explore new and creative ways to enrich and enhance your teaching of science in line with excellence practice

Dates and Time:

Course A: Tuesday 12 November 2019 Course B: Thursday 14 November 2019

Both sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course B:** Frizington Community Primary School, Main Street, Frizington, CA26 3PG

Course Fee All Schools: £120.00

Course Code: TS 321 (A – B)

Bespoke Training Option

Upskilling the New Subject Leader

Course Outline:

If you are a new science leader or want to bring new ideas to the role then this course will give you the confidence to create a science development plan for the whole school. Step by step, the course helps you assess your school's current science status, while helping you identify the areas of development and how to make them into strengths. There will also be opportunities to look at a wide variety of useful resources, assessment practices and how to organise science events and the chance to work with other science subject leaders and share good practice.

Target Audience:

Primary Science Subject Leaders

Course Provider:

Hester Binge - Education Guru

Outcomes:

- To be able to assess your school's current science status and plan a curriculum which supports progression and deepens understanding of science
- To discover and utilise a range of useful resources to support science teaching
- To understand and implement best practice
- To be able to support colleagues to feel confident in their science teaching

Date and Time:

Monday 20 January 2020, 9.00am – 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee

All Schools: £120.00

Course Code:

TS 322

Bespoke Training Option

Primary Science Subject Leaders Annual CPD – 2020

Essential Science Updates for Science Leaders

Course Outline:

Keep up-to-date with the very latest government changes especially in assessment, monitoring and curriculum design as well as Ofsted's focus on primary science. Practical ideas will also be provided throughout the day. This full day course is an essential part of a Science Subject Leader's calendar.

Target Audience:

Primary Science Subject Leaders

Course Provider:

Debbie Eccles - Primarily Science

Outcomes:

- To plan for any changes needed to science provision in light of any recent developments
- To use a host of new ideas and activities to teach science to your children
- To increase your knowledge and understanding of science

Date and Time:

Wednesday 5 February 2020, 9.15am - 3.15pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee:

All Schools: £120.00

Course Code:

TS 323

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you.

Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Making the First 15 Minutes Count

Course Outline:

This course covers the key issues in primary science and looks at the teaching methods that make a difference to children's science learning. The first fifteen minutes can be critical in capturing the attention of the children in your class in order for learning to occur. You will gain confidence in your own science subject knowledge and come away with a heap of new ideas and activities to teach science in a fun and engaging way, which also support progression.

Target Audience:

Primary Science Subject Leaders Primary New Qualified Teachers Primary Class Teachers HLTAs

Course Provider:

Hester Binge - Education Guru

Outcomes:

- To understand the key issues in primary science, what engages children, and how to maximise their science learning
- To identify ways to enrich and enhance your teaching of science and make it relevant and enjoyable for your pupils
- To develop and deliver new practical science activities with confidence in the classroom

Dates and Time:

Course A: Monday 2 March 2020 Course B: Tuesday 3 March 2020

Both sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course B:** Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road, Barrow-in-Furness, LA14 5UW

Course Fee All Schools: £120.00

Course Code: TS 324 (A – B)

Bespoke Training Option

Widening the Curriculum

Course Outline:

Ofsted are now looking at the width and depth of the school's curriculum. Are children receiving a broad palette of all subjects that help them understand the world around them? Are relevant and meaningful links being made between all areas of the curriculum? This course will help you seize these opportunities to make connections to other areas of the curriculum that will engage children and demonstrate why science is so exciting and relevant to their lives. Discover how one science lesson can also teach objectives from history, art, computing, maths and English, helping you save time and deepen the children's learning.

Target Audience:

Primary Science Subject Leaders Primary Class Teachers Primary NQT's HLTAs

Course Provider:

Hester Binge - Education Guru

Outcomes:

- To be able to challenge and engage your pupils, helping them develop their science knowledge and 'working scientifically' skills in response to the world in which they live
- To be able to identify your pupils' misconceptions and be able to take their learning further by addressing them using real-life contexts
- To discover new and creative ways to develop cross-curricular links that create deep and meaningful learning
- To be able to teach more than one subject's learning objectives in a lesson, thus releasing more time in your busy teaching schedule

Dates and Time:

Course A: Monday 27 April 2020 Course B: Wednesday 29 April 2020

Both sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course B:** Frizington Community Primary School, Main Street, Frizington, CA26 3PF

Course Fee All Schools: £120.00

Course Code:

TS 325 (A – B)

Bespoke Training Option

Full STEAM Ahead

Making Science Relevant to your Pupils and their Everyday Life Through Technology, Engineering, Art and Maths

Course Outline:

It is important for children to understand fully the purpose of science and how important it is in their daily lives. This course aims to demonstrate how to cultivate, develop and raise the science capital in your classroom through a creative and practical approach. Not only will this hands-on day leave you feeling inspired, but it will challenge you to think differently about how you teach science.

Target Audience:

Primary Science Subject Leaders Classroom Practitioners Teaching Assistants

Course Provider:

Eleanor Atkinson - Primarily Science

Outcomes:

- To experience a host of practical ideas for teaching science
- To cultivate, develop and raise science capital through a creative, cross-curricular approach
- To extend and enrich science activities for all ages across the primary school

Date and Time:

Thursday 30 April 2020, 9.15am – 3.30pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee:

All Schools: £120.00

Course Code:

TS 326

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Pioneers of Exploration and Invention

Course Outline:

The discovery of an earth like planet named LHS 1140b, the invention of the artificial skin for robots and the explorers who discovered the world's longest underwater cave rich with diversity; these are all examples of how studying the great scientists, inventors, and explorers is a fantastic way to teach children about key scientific discoveries as well as inspiring them to 'work scientifically'. This course will look at how you can use these scientists, explorers, and inventors to teach the science curriculum. We will also identify fun resources and tools that will help you bring these people and their discoveries to life, making it enjoyable and relevant for children.

Target Audience:

Primary Science Subject Leaders Primary Class Teachers NQTs HLTAs

Course Provider:

Hester Binge - Education Guru

Outcomes:

- To be able to create stimulating lessons about scientists, inventors, and explorers that develop enquiry and scientific understanding
- To be able to use resources and activities that enhance your science teaching
- To discover innovative ways to develop cross-curricular links to increase learning and show progression

Date and Time:

Monday 8 June 2020, 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee

All Schools: £120.00

Course Code: TS 327

15 327

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Delivering SMSC Through Global Learning – Addressing the New Ofsted Framework

Course Outline:

This course will provide teachers with a better understanding of how global learning supports spiritual, moral, social and cultural development. It will provide teachers with ideas, resources and approaches to deliver a stimulating curriculum which uses real life contexts to motivate learning and aims to provide ways for teachers to embed SMSC and global learning as part of the school ethos.

Target Audience:

Teachers of KS2 and KS3

In Particular, Teachers of Geography, History, Citizenship, PSHE

Course Provider:

Cumbria Development Education Centre

Outcomes:

- Teachers will better understand how global learning supports spiritual, moral, social and cultural development, be able to relate global learning to other areas of the curriculum and involve learners in valuing and articulating the importance of global learning
- To provide teachers with key links to delivering the relevant elements of the new Ofsted framework
- To take away innovative ways of delivery and consider ways of embedding SMSC and global learning as part
 of the school ethos
- To be able to access an audit tool for evaluating current, and planning for future, teaching and learning

Date and Time:

Tuesday 19 November 2019, 1.00pm – 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee: All Schools: £50.00

Course Code:

TS 328

Exciting RE for Key Stage 1

Exploring RE, SMSC and British Values

Course Outline:

This practical one day course will provide teachers with a wealth of ideas and activities for Key Stage 1 RE and identify how these can also make a significant contribution to pupils' Spiritual, Moral, Social and Cultural development and support the Ofsted criteria for promoting British Values.

Comprehensive course notes and classroom resources are included and will be made available to delegates.

Target Audience:

Headteachers Primary Subject Leaders of RE KS1 Teachers HLTA's

Course Provider:

Gill Vaisey

Gill is a qualified teacher and Religious Education Consultant, specialising in primary and early years education. Gill provides training for local authorities, church dioceses, schools, and nursery schools in both maintained and non-maintained settings.

Outcomes:

- To participate in a range of cross-curricular, practical and enjoyable activities that are appropriate and meaningful for Key Stage 1 children
- To explore a range of teaching and learning strategies to engage pupils in an exploration of people's beliefs and practices
- To recognise the contribution that RE can make to pupils' Spiritual, Moral, Social and Cultural development and promotion of British Values
- To develop their own knowledge and understanding of a variety of aspects of world faiths

Dates and Time:

Course A: Monday 16 March 2020 Course B: Tuesday 17 March 2020

Both sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Greenhill Hotel, Red Dial, Wigton, CA7 8LS Course B: Netherwood Hotel, Lindale Road, Grange-over-Sands, LA11 6ET

Course Fee:

All Schools: £120.00

Course Code:

TS 329 (A – B)

Philosophy For Children (P4C) – Foundation Level 1

Course Outline:

P4C, or Philosophy for Children, is an approach to learning and teaching which enhances children's thinking and communication skills, boosts their self-esteem, and improves their academic attainment.

The 2-day course is designed for all who want to practice Philosophy for Children (P4C) in an educational setting. Completion of the course and facilitating 6 P4C sessions in your classroom will qualify you for a SAPERE P4C Initial Practitioner certificate.

P4C is an approach that is relevant to all curriculum areas, especially English, RE, PSHE, Citizenship, and SMSC.

The course fee includes a handbook and SAPERE certification.

Target Audience:

Headteachers

Primary and Secondary RE Heads of Department Primary and Secondary Subject Leaders of RE Primary and Secondary Teachers of RE Primary and Secondary Teachers in most Subject Areas (English, PSHE, Citizenship, SMSC) HLTA's

Course Provider:

Jane Yates - Advanced P4C Trainer (SAPERE Registered) and Chair of SACRE

Outcomes:

- To introduce the theory and practice of P4C
- To provide tools to develop students' questioning and thinking skills
- To connect P4C to the curriculum
- To demonstrate philosophical enquiry in practice
- To present P4C resources and sources of teaching materials relevant to the curriculum with particular focus on RE and SMSC, and including other subject areas according to the teachers in attendance
- To provide details of the national SAPERE School Award scheme

Dates and Time:

Day 1: Wednesday 18 March 2020 Day 2: Wednesday 25 March 2020

Both sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Netherwood Hotel, Lindale Road, Grange-over-Sands, LA11 6ET

Course Fee:

All Schools: £200.00

Course Code:

TS 330

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

Cumbria SACRE RE Conference

Course Outline:

An annual opportunity that brings together Religious Education colleagues from all over Cumbria to network and learn from experts in the important field of Religious Education. Keynote and theme of the conference will be confirmed by spring 2020.

Target Audience:

The Cumbria SACRE RE conference is aimed at teachers of RE from primary and secondary schools, including: Headteachers. Heads of Departments Subject Leaders HLTA's It will also be valuable for governors to explore best practice in RE

Course Provider:

National Keynote Speaker TBC Members of Cumbria SACRE

Outcomes:

- To provide clear strategies and resources to support teachers in developing quality RE, responding to national and local priorities
- To increase teacher confidence and understanding of the role and purpose of RE
- To provide a range of creative and engaging classroom ideas to energise and inspire teachers
- To update delegates on initiatives undertaken by Cumbria SACRE and to network and share ideas with other teachers and SACRE members

Date and Time:

Wednesday 24 June 2020, 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this conference

Venue:

Stoneybeck Inn, Bowscar, Penrith, CA11 8RP

Course Fee: All Schools: £120.00

Course Code:

TS 331

Speaking Up: Building Confidence in Teaching Primary Languages

Course Outline:

This course aims to give participants a deeper understanding of how a second language is acquired and how to use that understanding to inspire confidence in creating a more successful and engaging learning environment for all students in the Primary Languages classroom.

Target Audience:

Primary Headteachers Primary Languages Teachers Primary Teaching Assistants

Course Provider:

Lynn Cook - Independent Consultant

Outcomes:

- To gain a deeper understanding of how a second language is acquired •
- To be able to use that knowledge to inform the planning and delivery of lessons •
- To become more confident in using the target language as the natural and only means of communication • during direct teaching sessions
- To gain knowledge of particular strategies and methodologies in successful languages teaching •

Date and Time:

Wednesday 18 March 2020, 9.30am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee:

All Schools: £120.00

Course Code: TS 332

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster.

Please contact the School Development Team who will be able to make the arrangements for you.

Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

Global Literacy: Supporting the Delivery of a Broad and Balanced Curriculum

Course Outline:

Look at practical ways to enrich the English primary curriculum so that learners develop empathy, respect for diversity and imagination, and to recognise their place in local, national and global communities.

Add inspiration, relevance and a world view into your English teaching! In this course, we look at practical ways to enrich the English Primary curriculum so that learners develop empathy, respect for diversity and imagination and to recognize their place in local, national and global communities.

- Inspire you and your pupils to take a world view in your English lessons
- Give you practical activities to bring the global dimension into English
- Help you to help your children develop their understanding of the social world and their empathy for it

Target Audience:

English Subject Leaders KS1 and KS2 Teachers NQT's RQT's

Course Provider:

Cumbria Development Education Centre

Outcomes:

- · Lead an inspiring English lesson that incorporates a world view
- Use a range of activities to engage your children and share a global perspective with them
- Help your children become global citizens by developing their empathy, respect and understanding of their place in the world

Date and Time:

Tuesday 26 November 2019, 4.30pm - 6.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

North Lakes School, Huntley Avenue, Penrith, CA11 8NU

Course Fee: All Schools: £30.00

Course Code:

TS 333

Global Maths: Supporting the Delivery of a Broad and Balanced Curriculum

Course Outline:

Use real and relevant examples to enrich your maths teaching and help children learn about global issues at the same time.

The National Curriculum states that, 'They [pupils] should... understand the cycle of collecting, presenting and analysing data.' Understanding and making sense of data is an important part of understanding many global dilemmas.

This course will give practical examples and resource links that will excite your pupils and save you time in looking for appropriate information for children to work with; many topics will be covered including poverty, inequality, health, education, mortality, migration and climate pressures in other parts of the world and in this country.

In addition we will be comparing the children's daily lives with real examples from children in other parts of the world using measurement of capacity, weight and time – so practically linking local to global. For busy teachers wanting to teach children real maths skills for their future world and to help them critically analyse and question statistics, then this course is a must.

Target Audience:

English Subject Leaders Upper KS1 and KS2 Teachers NQT's RQT's

Course Provider:

Cumbria Development Education Centre

Outcomes:

As a result of attending this session, participants will be able to:

- Recognise how children's mathematical skills can be enriched by using real life local, national and global contexts
- · Find and access high quality global learning maths resources for practical classroom activities
- Explore ways to develop critical thinking skills in relation to data and global statistics
- Explore opportunities of linking maths with current world events
- · Help your pupils critically analyse numbers and statistics
- Source relevant and useful resources to use in the classroom

Date and Time:

Wednesday 12 February 2020, 4.30pm - 6.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

North Lakes School, Huntley Avenue, Penrith, CA11 8NU

Course Fee: All Schools: £30.00

Course Code:

TS 334

Global Learning Through Dance at Key Stage 2: Bollywood and The Haka

Course Outline:

Learn how to deliver two exciting and dynamic schemes of dance with confidence. Topics include wider historical and cultural links, along with all the choreography lesson plans, powerpoints, medium term plans, and resources you need!

Target Audience:

PE Co-ordinators in KS2 NQTs in KS2 Experienced Teachers of KS2 looking to add a new dimension to their teaching

Course Provider:

Jess Smith – MOTION Dance and Fitness Initiative

Outcomes:

- To understand the cultural and historic links of the styles of dance
- To learn choreography in both styles to deliver to pupils
- To be able to structure the topics for delivery across each half term
- To know how to deliver outstanding global learning through dance

Dates and Time:

Course A: Monday 9 March 2020 Course B: Monday 16 March 2020 Course C: Monday 23 March 2020

All sessions will run from 9.15am – 3.15pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course B:** Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH **Course C:** Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD

Course Fee: All Schools: £120.00

Course Code:

TS 335 (A - C)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Global Science: Supporting the Delivery of a Broad and Balanced Curriculum

Course Outline:

Explore ways to integrate the global dimension into science activities focused around topics such as food, water, energy, sustainable use of resources, sustainable ecosystems, climate change and health and disease. This course will allow you to explore the global aspect of science to enrich your primary curriculum, provide you with a toolkit of case studies, practical resources and links to support your science lessons and enable you to feel confident to develop your science lessons to consider the current context

Target Audience:

Science Subject Leaders Upper KS1 and KS2 Teachers NQTs RQTs

Course Provider:

Cumbria Development Education Centre

Outcomes:

- Use a range of activities to explore science topics in a global context
- Access a range of resources to develop your science lessons
- Support your pupils in their growing understanding of the wider context of the world
- Have a range of ideas, resources and practical support to inspire, engage and challenge your pupils in their love of science

Date and Time:

Tuesday 10 March 2020, 4.30pm - 6.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

North Lakes School, Huntley Avenue, Penrith, CA11 8NU

Course Fee:

All Schools: £30.00

Course Code: TS 336

Hidden Stories Shared Lives

Using Migrants Stories to Build our Schools as Communities of Welcome

Course Outline:

This exciting and timely twilight course will provide a meaningful context to learning about migration with the use of engaging, contemporary mixed media resources created using life stories from people who chose Cumbria to be their home. The session focuses on recent migration and offers an insight into the meaning of home, belonging, community and identity.

During the course we will critically engage with and reflect upon the 'big ideas' around the issue of migration, discover a wealth of new learning resources that you can use in your classroom. The course, resources and approach will provide support to building a school ethos of 'welcome' to new community members.

Target Audience:

Teachers of KS1, KS2 and KS3

Course Provider:

Cumbria Development Education Centre

Outcomes:

As a result of attending this session, participants will be able to:

- Explore the concept of diversity, identity and community cohesion through contemporary stories about migration
- Understand more about migration in order to feel more confident about engaging learners in exploring the issues
- Explore own attitudes and behaviour towards migration and migrants, reflect on own citizenship and identity
- Feel more confident about using (and planning) cross-curricular learning around migration
- Ability to empower pupils and students to be active global citizens

Date and Time:

Wednesday 6 May 2020, 4.30pm - 6.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

North Lakes School, Huntley Avenue, Penrith, CA11 8NU

Course Fee: All Schools: £30.00

Course Code:

TS 337

Ensuring Effective Access and Inclusion For Deaf/Hearing Impaired Pupils

Course Outline:

This course will support your understanding and practical skills in supporting the inclusion of deaf/hearing impaired pupils.

Target Audience:

Class Teachers Teaching Assistants SENCos

Please note, you must be currently supporting a deaf child/children and receive support form SEND Teaching Support Team D/HI.

This course is limited to 2 places per setting

Course Provider:

Colleagues from the SEND Teaching Support Team, Cumbria County Council

Outcomes:

- To understand types and severity of hearing loss and its potential impact on listening and language development
- To build confidence and maximise skills in supporting the use of Hearing Aids; Cochlear Implants; BAHAs and FM equipment
- To be able to interpret an audiogram
- To understand the development of language and listening
- To be able to utilise a range of strategies to ensure effective communication for the D/HI child/young person
- To be able to use appropriate deaf friendly teaching support strategies to facilitate access to the curriculum

Dates and Time:

Course A: Wednesday 9 October 2019 Course B: Thursday 17 October 2019

Both sessions will run from 9.00am - 4.30pm

Refreshment Arrangements:

To ensure that this course can be offered for free, it is requested that delegates bring their own refreshments and lunch as these are unable to be provided at the course

Venue:

Course A: Barrow Fire Station, Phoenix Road, Barrow-in-Furness, LA14 2NS **Course B:** Parkhouse Building, Baron Way, Kingmoor Business Park, Carlisle, CA6 4SJ

Course Fee:

All Schools: Free

Course Code:

TS 338 (A – B)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

Autism Awareness Level 1

Course Outline:

This initial training is one of two levels. It will focus on providing you with awareness and improved understanding of Autism Spectrum Conditions and related issues

Level 1 training must be completed prior to undertaking the Level 2 training and a certificate of attendance will be provided to each delegate.

Target Audience:

Headteachers Teachers Learning Support Assistants Teaching Assistants SENCos Midday Supervisors Non-teaching Staff Governors

Course Providers:

Colleagues from the SEND Teaching Support Team - Cumbria County Council

Outcomes:

- To have raised awareness of autism
- To have improved understanding of the condition and associated issues
- To have developed increased skill in interpreting complex behaviours associated with autism

Dates and Time:

Course A: Wednesday 9 October 2019 Course B: Wednesday 9 October 2019 Course C: Wednesday 22 April 2020 Course D: Wednesday 22 April 2020

All sessions will run from 9.30am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH **Course B:** Greenhill Hotel, Red Dial, Wigton, CA7 8LS **Course C:** Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH **Course D:** Greenhill Hotel, Red Dial, Wigton, CA7 8LS

Course Fee:

All Schools: £120.00

Course Code:

TS 339 (A – D)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Autism Awareness Level 2

Course Outline:

This training follows on and builds upon Level 1.

The focus is on challenging behaviour and autism. The course looks at different models that can be used to help identify and address some of the difficulties experienced by children and young people with autism in schools.

Level 1 training must be completed prior to undertaking the Level 2 training and a certificate of attendance will be provided to each delegate.

Target Audience:

Headteachers Teachers Learning Support Assistants Teaching Assistants SENCos Midday Supervisors Non-teaching Staff Governors

Course Providers:

Colleagues from the SEND Teaching Support Team - Cumbria County Council

Outcomes:

- To have further explored some of the challenging behaviours encountered when working with children and young people with autism in school
- To gain an improved understanding of some of the different models that can be used to help identify the difficulties experienced by children and young people with autism in school
- To have developed more skill in using the models and responding to identified behaviours

Dates and Time:

Course A: Wednesday 06 November 2019 Course B: Wednesday 06 November 2019 Course C: Wednesday 10 June 2020 Course D: Wednesday 10 June 2020

All sessions will run from 9.30am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH **Course B:** Greenhill Hotel, Red Dial, Wigton, CA7 8LS **Course C:** Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH **Course D:** Greenhill Hotel, Red Dial, Wigton, CA7 8LS

Course Fee:

All Schools: £120.00

Course Code: TS 340 (A – D)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

Dyslexia...Can I Do Anything to Help?

Course Outline:

This different approach to understanding dyslexia allows course participants to feel more confident in identifying students who struggle with literacy and gives them the tools to support them within their own classroom setting.

Target Audience:

Teachers in Primary and Secondary Schools Teaching Assistants in Primary and Secondary Schools Governors of Primary and Secondary Schools

Course Provider:

Jenny Morgan – Independent Consultant

Outcomes:

- To explore the profile of skills needed to become a successful reader and writer
- To recognise how a combination of difficulties in these skills can suggest a child at risk of dyslexia
- To learn how to support these students in the classroom
- To use course materials and resources you already have in the classroom more effectively

Dates and Time:

Course A: Wednesday 4 December 2019 Course B: Monday 9 December 2019 Course C: Wednesday 11 December 2019

All sessions will run from 4.30pm - 6.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course B:** Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD **Course C:** St Thomas's C of E School, Kendal Green, Kendal, LA9 5PP

Course Fee: All Schools: £30.00

Course Code:

TS 341 (A – C)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

An Introduction to Mindfulness

Course Outline:

Mindfulness is recognised as one of the most effective skills to improve mental and emotional wellbeing. Studies show that mindfulness training improves health, greater resilience to stress, increased concern for others and an improved ability to pay attention. Reportedly, the government will provide means to teach mindfulness in schools for children aged 8-12 by 2020.

In this course you will learn what mindfulness is and consider how it enables us to:

- Increase sensory awareness
- Give greater cognitive control
- Enhance regulation of emotions
- Accept transient thoughts and feelings
- Improve our capacity to regulate attention

Please bring a comfortable rug/yoga mat and cushion for floor work. Floor work is not compulsory and being seated on a chair is the alternative posture for some of the exercises.

Target Audience:

Anyone in the school workforce who wishes to find out more about mindfulness, for their own personal use and to consider how it might benefit their school community

Course Provider:

Ondy Willson – Wellseeing Consultancy

Outcomes:

- To know what mindfulness is
- To be able to practise mindfulness meditation
- To improve awareness of thoughts and emotions in our everyday lives
- To reduce stress and promote wellbeing

Dates and Time:

Course A: Tuesday 3 December 2019 Course B: Wednesday 4 December 2019 Course C: Wednesday 11 December 2019

All sessions will run from 4.30pm - 6.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course B:** Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH **Course C:** St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course Fee:

All Schools: £30.00

Course Code:

TS 342 (A – C)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

The Mindful Approach to Education

Course Outline:

Mindfulness is now widely recognised to be a therapeutic intervention and powerful tool to aid wellbeing. So how might it help us in the classroom? How can we offer practical ideas that teach children to manage stress and anxiety? In this session we will have the opportunity to practise and understand better how mindfulness works, *for ourselves*, and consider how it might benefit the children in our care. There will be an opportunity for discussion around the practices to consider implementation of simple techniques that will give children effective tools to increase:

- Self-awareness
- Emotion management
- Encourage empathy
- Improve social skills

Please bring a comfortable rug/yoga mat and cushion for floor work. Floor work is not compulsory and being seated on a chair is the alternative posture for some of the exercises.

Target Audience:

Teachers and Teaching Assistants, preferably who have some experience of mindfulness

Course Provider:

Ondy Willson – Wellseeing Consultancy

Outcomes:

- To enhance our understanding of mindfulness
- To increase skills that develop self-awareness, emotional intelligence, motivation and empathy
- To take away simple techniques and ideas for implementation in the classroom

Date and Time:

Thursday 19 March 2020, 9.30am - 12.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee: All Schools: £50.00

Course Code:

TS 343

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

The Mindful School

Course Outline:

The Mindfulness Conference for Education is now a national event. And with our current mental health crisis, the government are now looking at how we can help our children to reduce their stress, deal with anxiety and depression and promote their wellbeing. With youth happiness at an all-time low it seems the most essential learning tool for any child are skills on how to live! With this national awareness it is anticipated that government funding will be made available for controlled trials in 100 Primary Schools and 50 Secondary schools across the country by 2020. Find out what all the fuss is about and how you could introduce mindfulness to the whole school community.

Please bring a comfortable rug/yoga mat and cushion for floor work. Floor work is not compulsory and being seated on a chair is the alternative posture for some of the exercises.

Target Audience:

Headteachers Assistant Headteachers Teachers School Staff

Course Provider:

Ondy Willson – Wellseeing Consultancy

Outcomes:

- To know what mindfulness is and be able to practise it
- To consider how bringing mindfulness practice to your school would benefit everyone
- To consider taking back to your school a proposal for introducing mindfulness to the school workforce
- To become more knowledgeable about how mindfulness is now being used as an essential skill for life

Date and Time:

Tuesday 2 June 2020, 9.30am - 4.30pm

Refreshments:

Please note that light refreshments and lunch will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee: All Schools: £120.00

Course Code: TS 344

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Level 3 Award Paediatric First Aid (RQF)

Course Outline:

This 2 day Level 3 Award in Paediatric First Aid (RQF) covers the duties of a first aider, records and confidentiality, acute and sudden emergencies and the recognition of and coping with a wide range of sudden and acute illnesses in children and infants.

Target Audience:

Course Provider: FMC Training Services

All Staff working in Primary and Secondary Schools

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Outcomes:

- To provide staff with an accredited Paediatric First Aid Certificate valid for 3 years
- To comply with the Early Years Foundation Stage guidelines
- To state the role of the first aider with an overview of school policies on that role
- To demonstrate the management of personal safety, hypovolemic shock, unconsciousness, choking, bleeding and non-breathing in children and infants
- To demonstrate the ability to cope with head injuries, spinal injuries and fractures
- To recognise and treat a wide range of sudden illnesses including asthma, anaphylaxis, meningitis and septicemia
- To discuss, demonstrate and practical assessments on CPR and AED (Automated External Defibrillator)

Dates and Time:

Course A: Day 1: Tuesday 8 October 2019 Day 2: Tuesday 15 October 2019

Course B:

Day 1: Wednesday 13 November 2019 Day 2: Wednesday 20 November 2019

Course C:

Day 1: Wednesday 5 February 2020 **Day 2:** Wednesday 12 February 2020

Course D:

Day 1: Wednesday 4 March 2020 Day 2: Wednesday 11 March 2020

Course E:

Day 1: Wednesday 10 June 2020 Day 2: Wednesday 17 June 2020

Course F:

Day 1: Tuesday 2 July 2020 **Day 2:** Tuesday 9 July 2020

All sessions will run from 9.15am - 4.30pm

Refreshments and other Requirements:

Please note that refreshments and lunch will be provided at this course Delegates are asked to wear comfortable informal clothing suitable for the practical sessions Delegates need to bring valid photo ID to the course

Venue:

Course A: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE
Course B: St Michael's Church, Falcon Place, Workington, CA14 2EZ
Course C: Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH
Course D: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ
Course E: Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD
Course F: Barrow A.F.C, The Furness Building Society Stadium, Wilkie Road, Barrow-in-Furness, LA14 5UW

Course Fee: All Schools: £150.00

Course Code:

TS 347 (A – F)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Emergency First Aid in the Workplace

Course Outline:

This course covers the duties of a first aider, coping with major first aid emergencies, recognising and dealing with illness and injury in adults and children at school.

Target Audience:

All Staff in Primary and Secondary Schools

Course Provider:

Ouch Training

Outcomes:

- To gain a First Aid Certificate valid for 3 years
- To state the role of an emergency first aider with an overview of school policies on that role
- To demonstrate the management of shock, unconsciousness, choking, bleeding and non-breathing in adults and children
- To demonstrate the ability to cope with a potential heart attack, angina attack, severe allergic reaction, head injury and seizures
- To demonstrate coping with suspected spine injuries, eye injuries and fractures

Dates and Time:

Course A: Thursday 21 November 2019 Course B: Wednesday 27 November 2019 Course C: Thursday 27 February 2020 Course D: Friday 6 March 2020 Course E: Thursday 7 May 2020 Course F: Thursday 21 May 2020

All sessions will run from 9.00am – 4.00pm

Refreshments and other Requirements:

Please note that refreshments and lunch will be provided at this course Delegates are asked to wear comfortable informal clothing suitable for the practical sessions Delegates need to bring valid photo ID to the course

Venue:

- Course A: Morton Community Centre, Wigton Road, Carlisle, CA2 6JP
- Course B: Chill Out Zone, St Gregory and St Patrick's Catholic Community School, Esk Avenue, Whitehaven, CA28 8AJ
- Course C: Castle Street Centre, Castle Street, Kendal, LA9 7AD
- Course D: St Michael's Church, Falcon Place, Workington, CA14 2EZ
- Course E: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ
- Course F: Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course Fee:

All Schools: £120.00

Course Code:

TS 348 (A – F)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

IOSH Health and Safety Management for Schools

Course Outline:

To ensure that the safety requirements for schools are appreciated by those given health and safety responsibilities, and to enable them to review own systems for safety, introducing new controls or implementing changes as appropriate to raise the standards of school safety.

Each course requires 2 days of classroom based study, which are around 7 days apart. In between these days, delegates will carry out a review of their school's current health and safety arrangements, with e-support between course days and during the assessment period.

On completion of day 2, delegates will have 3 weeks to complete a short project.

Target Audience:

Headteachers Deputy Headteachers Heads of Department Bursars School Staff with Health and Safety Roles Governors with Health and Safety Responsibilities

Course Provider:

Woodward SHE Ltd

Outcomes:

 To ensure that delegates appreciate the safety requirements for schools and to enable them to review systems for safety, introducing new controls or implementing changes as appropriate to raise the standards of school safety

Dates and Time:

Course A: Day 1: Wednesday 6 November 2019 Day 2: Wednesday 13 November 2019

Course B:

Day 1: Tuesday 3 March 2020 Day 2: Tuesday 10 March 2020

Course C:

Day 1: Wednesday 17 June 2020 Day 2: Wednesday 24 June 2020

All sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ **Course B:** Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ **Course C:** Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee: All Schools: £300.00

Course Code:

HS 30 (A – C)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

Fire Warden Training

Course Outline:

This course is designed to equip delegates with greater fire safety awareness and to understand the causes and hazards of fire, offer measures that can be taken to prevent fire, and the actions to be taken by the fire warden in the event of fire.

Target Audience:

This course would be of particular interest for designated individuals who have responsibility for fire safety procedures within their workplace.

Course Provider:

A.B. Fire Safety Training Services Ltd

Outcomes:

- · To have greater awareness of fire risks and prevention methods
- To have practical understanding of evacuation techniques
- To have knowledge of human behaviour in the event of a fire
- To have an understanding of both the provision and use of firefighting equipment

Dates and Time:

Course A: Tuesday 7 November 2019 Course B: Thursday 23 April 2020

Both sessions will run from 9.30am - 12.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Cumbria Local Enterprise Partnership (formerly known as CREA – Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT

Course B: Cumbria Local Enterprise Partnership (formerly known as CREA – Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT

Course Fee:

All Schools: £50.00

Course Code:

TS 349 (A – B)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: schooldevelopment@cumbria.gov.uk

Fire Safety Awareness/Fire Extinguisher Course

Course Outline:

This course is designed to equip delegates with an increased awareness of the danger of fire, to understand the need to follow the company fire procedures and to identify and understand the use of fire extinguishers.

Target Audience:

This course is suitable for all individuals within the workplace

Course Provider:

A.B. Fire Safety Training Services Ltd

Outcomes:

- To have an overview of the main legislation covering fire safety in the United Kingdom
- To know what measures can be taken by to reduce the risk of fire and fire spread
- To gain awareness of basic fire procedures and what action must be taken in the event of a fire
- To know the extinguishers: types and uses and how to tackle a small fire

Dates and Time:

Course A: Tuesday 7 November 2019 Course B: Thursday 23 April 2020

Both sessions will run from 1.00pm - 2.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Cumbria Local Enterprise Partnership (formerly known as CREA – Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT

Course B: Cumbria Local Enterprise Partnership (formerly known as CREA – Cumbria Rural Enterprise Agency), Redhills, Penrith, CA11 0DT

Course Fee: All Schools: £50.00

Course Code: TS 350 (A – B)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Educational Visits Co-ordinator Training

Course Outline:

Educational Visits Co-ordinator Training is approved by the Health and Safety Executive and the Department for Education. The Local Authority's Outdoor and Experiential Learning Adviser delivers the course on behalf of the Outdoor Education Advisers' Panel. This is an established nationally recognised course that clarifies best practice in the planning, delivery and evaluation of educational visits.

Target Audience:

All staff in Primary and Secondary Schools who have the responsibility for co-ordinating a range of visits and experiential learning

Course Provider:

Colleagues from Derwent Hill Educational Visits Advisory Service on behalf of Cumbria County Council

Outcomes:

- To gain knowledge and understanding of the legal framework underpinning educational visits
- To gain knowledge and understanding of the benefits and impact on achievement of experiential learning
- To gain knowledge and understanding of planning a successful visit and Visit Leader Competence
- To gain knowledge and understanding of hazard awareness and effective risk management
- To gain knowledge and understanding of the National Guidance for the management of educational visits and learning outside the classroom
- To gain knowledge and understanding of the Local Authorities notification and approval system
- To gain knowledge and understanding of high profile case studies
- To gain knowledge and understanding of Local Authority incident back up and support

Dates and Time:

Course A: Monday 11 November 2019 Course B: Monday 18 November 2019 Course C: Monday 9 December 2019

Course D: Wednesday 29 January 2020

Course E: Wednesday 18 March 2020

Course F: Wednesday 25 March 2020

All sessions will run from 9.30am - 3.30pm

Refreshments and other Requirements:

Please note that refreshments and lunch will be provided at this course Delegates are requested to bring their own laptop or tablet to this course

Venue:

Course A: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

- Course B: Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH
- **Course C**: St Michael's Church, Falcon Place, Workington, CA14 2EZ
- Course D: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE
- Course E: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ
- Course F: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ

Course Fee:

All Schools: £150.00

Course Code: HS 31 (A - F)

Educational Visits Co-ordinator Refresher Training

Course Outline:

Educational Visits Co-ordinator Training is approved by the Health and Safety Executive and the Department for Education. The Local Authority's Outdoor and Experiential Learning Adviser delivers the course on behalf of the Outdoor Education Advisers' Panel. This is an established nationally recognised course that clarifies best practice in the planning, delivery and evaluation of educational visits.

Target Audience:

This half day course is an update for those who have attended a full EVC training course. To stay current, EVCs need to attend a refresher training course every three years.

Course Provider:

Colleagues from Derwent Hill Educational Visits Advisory Service on behalf of Cumbria County Council

Outcomes:

- To gain knowledge and understanding of the National Guidance for the management of educational visits
- To gain knowledge and understanding of the Local Authorities notification and approval system
- To gain knowledge and understanding of high profile case study
- To gain knowledge and understanding of Local Authority incident back up and support

Dates and Time:

Course A: Tuesday 12 November 2019 Course B: Tuesday 19 November 2019 Course C: Tuesday 10 December 2019 Course D: Thursday 30 January 2020 Course E: Thursday 19 March 2020 Course F: Thursday 26 March 2020

All sessions will run from 9.30 – 12.30pm

Refreshments and other Requirements:

Please note that light refreshments will be provided at this course Delegates are requested to bring their own laptop to this course

Venue:

Course A: St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course B: Quaker Tapestry Exhibition Centre, Friends Meeting House, Stramongate, Kendal, LA9 4BH

Course C: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course D: Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE

Course E: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course F: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ

Course Fee: All Schools: £75.00

Course Code: HS 32 (A – F)

HS 32 (A – F)

Visit Leader Training

Course Outline:

This course will cover current statutory law and national guidance, planning and running a residential visit, leader competence, group management offsite, effective risk management, using Evolve, practical scenarios, emergency procedures and Local Authority support.

Do you lead visits or help with school visits? Then this course is for you.

Visit leader training is focused on active risk assessment and group management on educational visits and offsite activities. It is an OEAP certificated course transferable between employers.

This course covers the identification of relevant significant hazards and the importance of placing successful control measures including supervision and group management strategies.

The course is offered in support of the leader's role in educational visits and offsite activities. It remains the role of the employer (e.g. head of establishment, senior youth worker or educational visit co-ordinator) to determine the leader's suitability and competence to undertake a leadership role on any particular visit or venture.

Please note that this course is not EVC training and it is not a substitute for activity or terrain specific training provided by a sport's national governing body or employer.

The scheme provides practical training in leading groups outdoors and it does not take the place of Local Authority briefings/training on the management of educational visits although these may be included in this training.

Target Audience:

All Staff in Primary and Secondary Schools

Course Provider:

Colleagues from Derwent Hill Educational Visits Advisory Service on behalf of Cumbria County Council

Outcomes:

- To understand the importance of the role of the visit leader
- To update knowledge on the law and national guidance
- To ensure visit leaders understand the risk management process
- To familiarise visit leaders with the Local Authoritie's Evolve online notification and approval system
- To ensure visit leaders are aware of emergency procedures and the support available from the Local Authority

Date and Time:

Tuesday 19 May 2020, 9.30am – 4.00pm

Refreshments and other Requirements:

Please note that lunch and refreshments cannot be provided at this course due to outside activity. Delegates are advised to bring a packed lunch, water bottle, suitable waterproof clothing and footwear. Change will also be needed for the car park.

Delegates are requested to bring their own laptop or tablet to this course.

Venue:

Grizedale Forest Park, Ambleside, LA22 0QJ

Course Fee: All Schools: £150.00

Course Code: HS 33

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Team Teach Foundation Course

Course Outline:

Departmental guidance recommends that all staff who are likely to need to use Positive Behaviour Management de-escalation techniques in the course of their work should receive clear guidance and appropriate training so that they can do it properly and safely.

This is a 6 hour foundation course for low risk settings. A 12 hour basic course for medium risk settings is available.

Target Audience:

All School Based Staff

Course Provider:

Team Teach Tutor/s

Colleagues from the Learning Support Service – Cumbria County Council

Outcomes:

- To be able to adapt risk reduction strategies
- To adapt procedures to maintain personal safety of employee / young person
- To ensure delegates become confident in the application of de-escalation techniques and positive handling
- To ensure application of de-escalation in schools meets with LSCB policy

Dates and Time:

Course A: Friday 11 October 2019 Course B: Wednesday 6 November 2019 Course C: Wednesday 13 November 2019

All sessions will run from 9.00am - 4.30pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Morton Community Centre, Wigton Road, Carlisle, CA2 6JP **Course B:** St Michael's Church, Falcon Place, Workington, CA14 2EZ **Course C:** Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course Fee: All Schools: £153.00

Cancellation Notice:

28 days prior to the course start date – delegates will incur 50% of the course costs 10 days prior to the course start date – delegates will incur 100% of the course costs

Course Code: TT 10 (A - C)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

New To Early Years Foundation Stage

Course Outline:

A course designed to support teachers and teaching assistants who are new to working in the Early Years Foundation Stage

Target Audience:

Teachers in the Early Years Foundation Stage Teaching Assistants in the Early Years Foundation Stage

Course Provider:

Early Years Advisers - Cumbria County Council

Outcomes:

- To develop an understanding of effective EYFS principles, themes and practice
- To support strategies of planning from children's interests
- To be able to develop enabling learning environments
- To support the characteristics of learning
- To support effective data analysis

Date and Time:

Tuesday 15 October 2019, 1.00pm – 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee:

All Schools: £50.00

Course Code:

TS 351

Effective use of Continuous Provision to Challenge the More Able

Course Outline:

To support teachers in Nursery and Reception to ensure continuous provision is used effectively for all learners including challenging the more able children

Target Audience:

Teachers in the Early Years Foundation Stage Teaching Assistants in the Early Years Foundation Stage

Course Provider:

Early Years Advisers - Cumbria County Council

Outcomes:

- · To understand how to build on self-initiated learning to improve outcomes
- To establish high quality provision indoors and outdoors to promote a broad range of learning opportunities
- To plan for higher level challenge through enhancements to provision

Dates and Time:

Course A: Tuesday 5 November 2019 **Course B:** Tuesday 5 November 2019

Both sessions will run from 1.00pm - 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ **Course B:** Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA

Course Fee:

All Schools: £50.00

Course Code: TS 352 (A – B)

Fun RE for the Foundation Stage

Exploring EYFS, British Values SMSC and RE

Course Outline:

This practical one day course will allow participants to become familiar with the People and Communities section of the EYFS Framework, and identify how a range of religious and cultural stories can make a significant contribution to pupils' Spiritual, Moral, Social and Cultural development.

Delegates will be provided with extensive course notes, topic webs and planning examples linking all areas of the EYFS Early Learning Goals with the People and Communities section and RE.

Target Audience:

EYFS Teachers HLTA's

N.B. Settings with mixed classes with year 1 and 2 children will be taken into account in discussing how activities and concepts can be extended for more able/older children.

Course Provider:

Gill Vaisey

Gill is a qualified teacher and Religious Education Consultant, specialising in primary and early years education. Gill provides training for local authorities, church dioceses, schools, and nursery schools in both maintained and non-maintained settings.

Outcomes:

- To participate in a range of cross-curricular, practical and enjoyable activities that can be used with Foundation Stage children to support the beliefs and culture elements of the EYFS curriculum and Religious Education
- To become familiar with the requirements of the People and Communities section of the EYFS and how this naturally links with the Cumbria Agreed Syllabus for RE
- To identify appropriate resources and activities that enables People and Communities / RE to be explored as part of an integrated curriculum for early years children
- To understand the relationship between Religious Education and Cultural Diversity
- To recognise the contribution that RE can make to Spiritual, Moral and Social Development and fulfilling the Ofsted criteria for promoting British Values

Gill's training sessions focus on practical, appropriate, enjoyable activities for the age group and require participants to come equipped with a sense of humour and be prepared to have fun!

Dates and Time:

Course A: Monday 25 November 2019 Course B: Tuesday 26 November 2019

Both sessions will run from 9.00am - 4.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Greenhill Hotel, Red Dial, Wigton, CA7 8LS **Course B:** Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA

Course Fee: All Schools: £120.00

Course Code:

TS 353 (A – B)

Moving Mathematics on in the Early Years

Course Outline:

A course designed to support teachers in Nursery and Reception classes to embed the principles of teaching and learning of mathematics.

Target Audience:

Teachers in the Early Years Foundation Stage Teaching Assistants in the Early Years Foundation Stage

Course Provider:

Early Years Advisers - Cumbria County Council

Outcomes:

- To embed good teaching and learning in mathematics
- To plan and create a mathematically rich environment
- To gain a clear understanding of how to move maths on in the Early Years
- To ensure more able children are challenged in mathematics
- To plan purposeful problem solving activities within continuous provision

Dates and Time:

Course A: Tuesday 11 February 2019 Course B: Tuesday 11 February 2019

Both sessions will run from 1.00pm - 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ **Course B:** Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA

Course Fee: All Schools: £50.00

Course Code: TS 354 (A – B)

A Day in Year 1 – Effective Transition from Early Years into Year 1

Course Outline:

Developing and embedding effective transition from EYFS to Key Stage 1 including understanding how to plan for children's individual needs using characteristics of effective learning.

Target Audience:

Teachers of Year 1 Primary Teaching Assistants

Course Provider:

Early Years Advisers - Cumbria County Council

Outcomes:

- To have a clear understanding of what effective transition looks like and the positive impact this can have on individual children
- To develop practical ways to support children's continuity of learning from Reception into Year 1
- To develop strategies to build on previous learning

Dates and Time:

Course A: Tuesday 21 April 2020 Course B: Tuesday 21 April 2020

Both sessions will run from 1.00pm – 4.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ **Course B:** Newby Bridge Hotel, Newby Bridge, Ulverston, LA12 8NA

Course Fee:

All Schools: £50.00

Course Code:

TS 355 (A – B)

PHA Area Headteachers' Meetings

Course Outline:

These termly meetings provide an opportunity for headteachers to be kept up to date in key education issues along with the opportunity to network with colleagues.

Target Audience:

Primary Headteachers

Course Provider:

Cumbria Primary Headteachers' Association Guest Speakers

Outcomes:

- To provide an opportunity to share best practice
- To enable headteachers to receive updates from around the county
- To provide an opportunity for headteachers to network

Dates and Time:

Course A: Wednesday 2 October 2019 Course B: Thursday 3 October 2019 Course C: Wednesday 5 February 2020 Course D: Thursday 6 February 2020 Course E: Wednesday 17 June 2020 Course F: Thursday 18 June 2020

All sessions will run from 9.30am – 2.15pm

Refreshments:

Please note that refreshments and lunch will be provided at this meeting

Venue:

Course A: Castle Green Hotel, Kendal, LA9 6BH Course B: Stoneybeck Inn, Bowscar, Penrith, CA11 8RP Course C: Castle Green Hotel, Kendal, LA9 6BH Course D: Greenhill Hotel, Red Dial, Wigton, CA7 8LS Course E: Castle Green Hotel, Kendal, LA9 6BH Course F: Greenhill Hotel, Red Dial, Wigton, CA7 8LS

Course Fee: PHA Subscriber Schools: Free

PHA members of small schools, with fewer than 80 NOR can claim £50.00 towards attendance.

Course Code: PHA 25 (A – F)

Leadership Conference

For Primary Deputy Heads, Assistant Heads, Senior Leaders and those who Deputise

Course Outline:

This will be an opportunity to meet and share experiences with colleagues and develop a range of personal leadership skills through guest presentations and workshops.

Target Audience:

Primary Deputy Headteachers Assistant Headteachers Those who sometimes deputise for the Headteacher

Course Provider:

Cumbria Primary Headteachers Association Guest Speakers

Outcomes:

- To develop personal leadership and management skills
- To learn effective team leadership skills
- To explore decision-making
- To explore the skills needed to be an effective school leader

This will be an opportunity for primary school senior leaders to improve their leadership skills so that they are able to support the head in school improvement. It will also enable colleagues to consider the next steps toward headship.

Date and Time:

Friday 11 October 2019, 9.00am – 4.00pm

There is also the opportunity to stay as a residential guest on Thursday 10 October. This package, which includes a 3 course set dinner served in the Greenhouse Restaurant, bed and full Westmorland buffet breakfast along with full use of the health and fitness facilities, can be booked directly with the hotel at a discounted rate.

Refreshments:

Please note that refreshments, lunch, dinner and breakfast (where applicable) will be provided at this conference

Venue:

Castle Green Hotel, Kendal, LA9 6BH

Course Fee:

Conference Place: £120.00 Additional Overnight Accommodation: £115.00

Course Code:

PHA 26

Booking Details:

Places for the conference can be booked in three ways:

- Registered users can book through our online system SLA–Online https://secure2.sla-online.co.uk/?logo=10
- By emailing The Apprenticeship and School Development Team at schooldevelopment@cumbria.gov.uk
- By calling the team on 01228 221312/221316

Overnight accommodation should be booked and paid for directly with the Castle Green Hotel. Please quote the conference to ensure you receive the discounted rate.

- Email: reception@castlegreen.co.uk
- Tel: 01539 734000

Leadership Matters...

... Morality, Authenticity and Passion.

A Map to Help You Navigate Your Leadership Journey

PHA/LA Primary Headteachers' Conference

Course Outline:

This conference is organised in partnership between the Cumbria Primary Headteachers' Association and the Local Authority. It provides the opportunity for headteachers to be kept up to date with key educational issues. This conference will support headteachers in developing their school and provide the opportunity to network with colleagues and educational providers.

Target Audience:

Primary Headteachers Local Authority Advisers

Course Provider:

Cumbria Primary Headteachers' Association in Partnership with Cumbria Local Authority Guest Speakers

Outcomes:

- To enable headteachers to increase their effectiveness in their leadership role within schools
- To allow opportunities to network and view up to date resources and equipment
- To be kept up to date with recent initiatives taking place within Cumbria
- To be aware of the current trends in education within the national perspective

Dates:

Day 1: Thursday 21 November 2019

Day 2: Friday 22 November 2019

Please note that there is the option to attend from Wednesday 20 November 2019

Options Available

Option 1:	2 Day, 2 Night Residential Delegate (2 day conference place, accommodation and dinner on Wednesday and Thursday evenings)
Option 2:	2 Day, 1 Night Residential Delegate (2 day conference place, accommodation and dinner on Thursday evening)
Option 3:	2 Day, Non-residential Delegate (2 day conference place, no accommodation)
Option 4:	1 Day, Non-residential Delegate (1 day conference place on either Thursday or Friday, no accommodation)

Refreshments:

Please note that refreshments, lunch, dinner and breakfast (where applicable) will be provided at this conference

Venue:

Low Wood Bay Resort and Spa, Ambleside Road, Windermere, LA23 1LP

Course Fee: Option 1: £475.00 Option 2: £375.00 Option 3: £275.00 Option 4: £150.00

PHA members of schools with fewer than 80 NOR are entitled to a £50.00 refund per day. This can be claimed by completing a 'small school claim form' which will be included in delegate packs. Sliding scale cancellation charges will apply; this will be emailed to you with your booking confirmation.

Course Code: PHA CONF 19

PHA Summer Learning Conference

Course Outline:

Invited speakers will provide relevant training, information and current updates which respond to topics and issues identified by Cumbrian headteachers.

Target Audience:

Primary Headteachers

Course Provider:

Cumbria Primary Headteachers' Association Guest Speakers

Outcomes:

- To enable headteachers to broaden and refine their leadership skills
- To provide relevant and current information regarding primary education
- To provide headteachers with training in order to be more effective in their role
- To introduce headteachers to a range of issues and topics which may assist in school leadership and management

Date and Time:

Wednesday 20 May 2020, 9.30am - 3.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this conference

Venue:

Rheged Centre, Redhills, Penrith, CA11 0DQ

Course Fee:

PHA Member Schools 1st Place: Free PHA Member Schools 2nd Place: £80.00 Non PHA Member Schools: £120.00

PHA members from small schools with fewer than 80 NOR can claim £50.00 towards attendance. Please note that all places booked but not attended will be charged £50.00

Course Code: PHA SLC 20

Early Help Training for Governors

Course Outline:

This training will raise awareness of the Early Help Assessment process, in particular what is expected of schools in identifying when an Early Help Assessment should be initiated. The session focussed with two case studies to help relate the information being shared.

Target Audience:

School Governors of Primary and Secondary Schools - in particular Safeguarding Leads

Course Provider:

Early Help Officers - Cumbria County Council

Outcomes:

- To understand what Early Help is in relation to safeguarding children and young people
- To understand the Early Help Assessment process and how to access support for individual children, young
 people and their families
- To be aware of Cumbria Early Help Officers
- To know how to access further information and advice around Early Help

Dates and Time:

Course A: Wednesday 2 October 2019 Course B: Wednesday 18 March 2020 Course C: Wednesday 22 April 2020

All sessions will run from 6.00pm - 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ **Course B:** Montreal CE Primary School, Ennerdale Road, Cleator Moor, CA25 5LW **Course C:** Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course Fee: All Schools: £30.00

Course Code:

GST TS 180 (A – C)

Bespoke Training Option:

This course can be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

The Role of the Clerk

Course Outline:

This course provides advice and best practice in relation to the administrative and advisory part of the clerk's role. The clerk, by producing effective minutes, provides the main evidence that the governing board are fulfilling their statutory duties, which highlights how effective clerking contributes to effective governance.

We strongly recommend this course for all clerks but particularly those new to the role.

Target Audience:

All Clerks

All Members of the Governing Board

Course Provider:

Colleagues from the Governor Support Team - Cumbria County Council

Outcomes:

- To develop a clear understanding of the role of the clerk
- To understand how effective clerking contributes to effective governance
- To be able to access further information to support the clerk role
- To think about next steps of development

Dates and Time:

Course A: Thursday 3 October 2019 Course B: Wednesday 10 October 2019 Course C: Monday 28 October 2019 Course D: Wednesday 11 March 2020 Course E: Tuesday 17 March 2020 Course F: Tuesday 24 March 2020

All sessions will run from 9.30am - 1.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course B: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH

Course C: The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW

Course D: Whitehaven Golf Club, Whitehaven, CA28 8SD

Course E: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course F: Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course Fee: All Schools: £40.00

Course Code:

GST 181 (A – F)

Bespoke Training Option:

This course can be offered as cluster training for a minimum of 3 schools. Please contact the Governor Support Team who will be able to make arrangements for you. Tel: 01228 226922/25, email: <u>gst@cumbria.gov.uk</u>

Governance – Roles and Responsibilities

Course Outline:

Governing boards are central to the effectiveness and accountability of schools. This course will enable members of the board to become more familiar with the roles and responsibilities of the governing board. Members of the board should become more confident and effective in supporting school improvement.

We strongly recommend this course for all members of the board but particularly those new to the role.

Target Audience:

All Governors Associate Members Clerks would also be very welcome

Course Provider:

Colleagues from the Governor Support Team - Cumbria County Council

Outcomes:

- To have a greater understanding of the roles and responsibilities of governing boards
- To appreciate the importance of good governance in relation to providing the best outcomes for pupils
- To be able to access further information which supports your role
- To think about next steps of development

Dates and Time:

Course A: Wednesday 16 October 2019 Course B: Tuesday 12 November 2019 Course C: Thursday 14 November 2019 Course D: Thursday 30 April 2020 Course E: Wednesday 6 May 2020 Course F: Tuesday 19 May 2020

All sessions will run from 9.30am - 3.00pm

Refreshments:

Please note that refreshments and lunch will be provided at this course

Venue:

Course A: Whitehaven Golf Club, Whitehaven, CA28 8SD

Course B: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course C: Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course D: St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course E: The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW

Course F: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH

Course Fee:

All Schools: £45.00

Course Code: GST 182 (A – F)

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Bespoke Training Option:

This course can be offered as cluster training for a minimum of 3 schools. Please contact the Governor Support Team who will be able to make arrangements for you. Tel: 01228 226922/25, email: <u>gst@cumbria.gov.uk</u>

Finance for Governors – Part 1

Course Outline:

This course is the first of 2 finance courses aimed at improving governors' knowledge of school finances and their ability to support and challenge their schools.

This course will ensure governors understand their strategic responsibility for setting a budget and to give background knowledge on school funding. This course should help governors to support and ask challenging questions in relation to finance.

It is advisable to attend Finance for Governors - Part 1 before attending Part 2

Target Audience:

Governors of Primary Schools Governors of Secondary Schools **Governors of Special Schools** Governors of PRUs

Course Provider:

Amanda Chew – Finance Manager

Outcomes:

- To understand the role of a governor with regard to finance •
- To understand how a school's budget is calculated and what the main sources of funding for a school are •
- To understand the policies and regulations that govern school finance
- To understand the council's policies around surplus and deficit budgets •

Dates and Time:

Course A: Tuesday 29 October 2019 Course B: Thursday 31 October 2019 Course C: Wednesday 6 November 2019

All sessions will run from 6.00pm - 7.30pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW Course B: Cumbria Sports Academy, Overend Road, Whitehaven, CA28 8SD Course C: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH

Course Fee: All Schools: £30.00

Course Code: GST TS 183 (A – C)

Finance for Governors – Part 2

(Pupil Premium Grant, Primary PE and Sport funding)

Course Outline:

This course is the second of 2 finance courses for governors. This session will give governors practical hands on experience of budget setting and monitoring, monitoring the impact of Pupil Premium Grant, and PE and Sports funding, and other funding streams as appropriate.

Good practice in overseeing the monitoring and administration of the budget will be discussed. The course should help governors to support and ask challenging guestions in relation to finance.

It is advisable to attend Finance for Governors - Part 1 before attending Part 2

Target Audience:

Governors of Primary Schools Governors of Secondary Schools **Governors of Special Schools** Governors of PRUs

Course Provider:

Fay Kabbara – General Advisor and Governor Support Team Manager, Cumbria County Council

Outcomes:

- To understand the role of a governor with regard to finance •
- To understand how a school's budget is set, good practice in monitoring a budget, and the role governors can play in this
- To give an overview of Pupil Premium grant and how governors can support and challenge school leaders • regarding impact
- To give an overview of PE and Sports funding and how governors can support and challenge school leaders • regarding impact

Dates and Time:

Course A: Wednesday 6 November 2019 Course B: Wednesday 13 November 2019 Course C: Thursday 5 December 2019

All sessions will run from 6.00pm - 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW Course B: Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD Course C: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH

Course Fee: All Schools: £30.00

Course Code:

GST TS 184 (A – C)

Delivering Excellence in SEND – The Governors' Role

Course Outline:

This course aims to help governors understand:

- The requirements on nurseries, schools, colleges, and alternative education providers within the Special Educational Needs (SEN) Framework and the Special Educational Needs and Disability (SEND) Code of Practice: 0 – 25 Years, and the role of governors
- The place and importance of the Local Authority Local Offer and a nursery, school, college, or provider's own Local Offer, their SEN Information Report, and their SEND Policy in setting out and meeting governors' vision
- What the Ofsted and Care Quality Commission's Local Area Inspections (LAI) tell us nationally about what
 effective SEND governance might look like, and what the 2019 LAI in Cumbria tells us about the strengths
 and weaknesses of SEND provision locally and what effective SEND governance could look like

Target Audience:

All Governors

Course Provider:

Penny Gosling - Kym Allan, Safeguarding, Health and Safety Consultants Ltd

Outcomes:

- To better understand whether their SEND pupils are being effectively supported within the requirements of the Framework and the Code
- To better understand the connection between Local Offers, the SEN Information Report and the SEND Policy in describing, monitoring and meeting governors' vision for their educational setting, and to question how effectively we communicate
- To appreciate the national and local picture of SEND provision to better understand what excellence in SEND might look like, how it is being delivered, and the role governors play in promoting SEND and inclusion

Dates and Time:

Course A: Wednesday 30 October 2019 Course B: Thursday 7 November 2019 Course C: Thursday 14 November 2019 Course D: Thursday 28 November 2019 Course E: Thursday 5 December 2019 Course F: Thursday 12 December 2019

All sessions will run from 6.00pm - 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ Course B: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ Course C: Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD Course D: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH Course E: St Michael's Church, Falcon Place, Workington, CA14 2EZ Course F: The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW Course Fee:

All Schools: £30.00

Course Code: GST TS 185 (A – F)

Philosophy for Children (P4C) For Governors

Course Outline:

P4C, or Philosophy for Children, is an approach to learning and teaching which enhances children's thinking and communication skills, boosts their self-esteem, and improves their academic attainment. 2019 celebrates twenty five years of P4C in Cumbria and this unique course provides an opportunity for governors to learn about, and take part in philosophical enquiry. P4C is an approach that is relevant to all curriculum areas, especially English, RE, PSHE, citizenship, and SMSC.

Target Audience:

Governors of Primary and Secondary Schools

Course Provider:

Jane Yates – SAPERE Registered Advanced Trainer for Philosophy for Children Jane is also the Chair of the Cumbria Standing Advisory Council on Religious Education (SACRE) Board and Associate Trainer for Cumbria Development Education Centre

Outcomes:

- To provide an introduction to Philosophy for Children (P4C)
- To share evidence of educational benefits of P4C linked to national research
- To demonstrate philosophical enquiry in practice
- To provide details of the national SAPERE School Award scheme, and role of a P4C governor

Dates and Time:

Course A: Wednesday 6 November 2019 Course B: Tuesday 12 November 2019 Course C: Thursday 14 November 2019

All sessions will run from 6.00pm - 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ **Course B:** Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE **Course C:** St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course Fee: All Schools: £30.00

Course Code: GST TS 186 (A – C)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Governance – Developing Leadership

Course Outline:

The key leadership role within the governing board is that of the chair of governors. This course provides advice on best practice for all governors, particularly those in a chairing role, on ways to develop and strengthen the team and also highlights the importance of succession planning.

This course is recommended for those in a chairing role as well as all members of the governing board.

Target Audience:

All Members of the Governing Board

Course Provider:

Colleagues from the Governor Support Team - Cumbria County Council

Outcomes:

- To have a greater understanding of the role of the chair in leading the governing body to fulfil its strategic responsibilities
- To develop leadership practice •
- To have an opportunity to network and share effective practice •

Dates and Time:

Course A: Tuesday 28 January 2020 Course B: Monday 3 February 2020 Course C: Thursday 13 February 2020 Course D: Tuesday 9 June 2020 Course E: Thursday 18 June 2020 Course F: Wednesday 24 June 2020

All sessions will run from 6.00pm – 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Whitehaven Golf Club, Whitehaven, CA28 8SD

Course B: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course C: Phoenix Business Centre, Phoenix Road, Barrow-in-Furness, LA14 2UA

Course D: The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW

Course E: Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH

Course F: St Michael's Church, Falcon Place, Workington, CA14 2EZ

Course Fee:

All Schools: £30.00

Course Code: GST 187 (A – F)

Bespoke Training Option:

This course can be offered as cluster training for a minimum of 3 schools. Please contact the Governor Support Team who will be able to make arrangements for you. Tel: 01228 226922/25, email: gst@cumbria.gov.uk

Headteacher Appraisal

Course Outline:

Training session for governors on effective headteacher appraisals.

Target Audience:

All governors, particularly:

- Appraisal Panel Members
- Those considering being an Appraisal Panel Member
- Chairs
- Vice Chairs
- Those new to Governance

Course Provider:

Fay Kabbara – General Advisor and Governor Support Team Manager, Cumbria County Council

Outcomes:

- To increase knowledge of effective headteacher appraisals
- To develop understanding of the role of the appraisal panel, external advisor and governing board regarding the appraisal of the headteacher

Dates and Time:

Course A: Wednesday 12 February 2020 Course B: Thursday 5 March 2020 Course C: Thursday 19 March 2020

All sessions will run from 6.00pm – 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Whitehaven Golf Club, Red Lonning, Whitehaven, CA28 8UD **Course B:** Westmorland County Agricultural Society, Lane Farm, Crooklands, Milnthorpe, LA7 7NH **Course C:** The Auctioneer, Rosehill Estate, Carlisle, CA1 2RW

Course Fee: All Schools: £30.00

Course Code: GST 188 (A – C)

Bespoke Training Option:

This course can be offered as cluster training for a minimum of 3 schools. Please contact the Governor Support Team who will be able to make arrangements for you. Tel: 01228 226922/25, email: <u>gst@cumbria.gov.uk</u>

Do we need Religious Education now more than ever?

Course Outline:

Since the 1944 Education Act schools have had the responsibility to teach Religious Education to all pupils. This course will provide details on the governing body's responsibilities with regard to RE. This training will also help governors understand how RE enables schools to promote children's Spiritual, Moral, Social and Cultural Development and prepare students for life in the 21st Century.

Target Audience:

Governors of Primary and Secondary Schools

Course Provider:

Jane Yates – Chair of the Cumbria Standing Advisory Council on Religious Education (SACRE) Board Representatives of Cumbria SACRE

Outcomes:

- To provide clear information about your governing body's responsibilities for RE
- To update on the national and local priorities for RE, both in primary and secondary schools
- To provide examples of strategies for inspiring quality RE teaching that seeks to prepare pupils for the 21st century
- To outline the important aspects of quality RE teaching, also with reference to the Cumbria Agreed Syllabus for RE

Dates and Time:

Course A: Wednesday 4 March 2020 Course B: Tuesday 10 March 2020 Course C: Wednesday 11 March 2020

All sessions will run from 6.00pm - 8.00pm

Refreshments:

Please note that light refreshments will be provided at this course

Venue:

Course A: Furness College, Channelside, Barrow-in-Furness, LA14 2PJ

Course B: Chill Out Zone, St Gregory and St Patrick's Catholic Community School, Esk Avenue, Whitehaven, CA28 8AJ

Course C: Penrith Rugby Football Club, Winters Park, Penrith, CA11 8RQ

Course Fee: All Schools: £30.00

Course Code:

GST TS 189 (A – C)

Bespoke Training Option

This course can be offered as a bespoke training event for a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Education Guru's Science Support Programme for Primary Schools

Course Outline:

Our flexible intensive package offers tailored, targeted support that transforms science teaching in your school. The following elements are available to allow you mix and match the perfect package for your school:

- A. Full day mentoring with the Science Subject Leader, including full planning, work scrutiny and child interviews. This allows the Subject Leader to have a full picture of where science is in school allowing them to have the information needed to make an action plan for the next steps for their school.
- B. Joint observations with the Subject Leader; this has the dual benefit of helping you understand how to do Science observations and also to help see if what we had found in the work scrutiny was evident in the classroom.
- C. Individual sessions with each teacher in the school helping them to a plan a unit with their strengths and areas of development in mind, and their children's needs.
- D. Bespoke inset training to cover any whole school issue

Target Audience:

Primary Science Teachers Primary Science Subject Leaders Primary Teaching Assistants

Course Provider:

Hester Binge - Education Guru

Outcomes:

- Set up processes for managing, monitoring, and assessing science learning across the school
- Create a vision for science improvement in your school and lead its development with confidence
- Discover new and creative ways to enrich and enhance your teaching of science and make it relevant and enjoyable for your pupils
- · Promote relevant initiatives informed by the latest best practices

Dates/Time/Venue:

This course can **only** be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Course Fee:

Prices available upon request

Course Code:

TS TLR 18 06

Education Guru's Wellbeing and Mindfulness for Primary Schools

Course Outline:

Wellbeing is increasingly being recognised as vital for effective learning. Stress, anxiety, and other mental health issues are big barriers to both teaching and learning. Statistics show that at least three children in every class will have mental health issues that obstruct learning for themselves and possibly others in their peer group. Teachers' health is of upmost importance both for themselves and for the children they teach. Without general mental health, their potential is compromised as is their pupils' learning. But there are lots we can do to help pupils and staff be more relaxed and happy, from using techniques such as breathing, meditation and yoga, to taking learning outdoors. This course will help teachers develop skills and strategies to improve their own mental health and wellbeing. It will also enable them to begin to deliver a programme in their own schools to improve the wellbeing of other staff and pupils.

Target Audience:

All Primary School Staff

Course Provider:

Hester Binge - Education Guru

Outcomes:

- Begin to understand the connection between body and mind and the impact of this
- Have a toolkit of strategies to use in periods of stress
- Be more aware of mental health issues that may be present in the children you teach and how this may impact on their learning

Dates/Time/Venue:

This course can **only** be offered as a bespoke training event to a single school/cluster. Please contact the School Development Team who will be able to make the arrangements for you. Tel: 01228 221312/221316 email: <u>schooldevelopment@cumbria.gov.uk</u>

Course Fee:

Prices available upon request

Course Code: TS TLR 18 05

If you require this document in another format (eg CD, audio cassette, Braille or large type) or in another language, please telephone 01228 226817

আপনি যদি এই তথ্য আপনার নিজের ভাষায় পেতে চান তাহলে অনুগ্রহ করে 01228 226817 নম্বরে টেলিফোন করুন।

如果您希望通过母语了解此信息, 请致电 01228 226817

Jeigu norėtumėte gauti šią informaciją savo kalba, skambinkite telefonu 01228 226817

W celu uzyskania informacji w Państwa języku proszę zatelefonować pod numer 01228 226817

Se quiser aceder a esta informação na sua língua, telefone para o 01228 226817

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